

Week 8 – October 2, 2023

Sub-State Assignments

Sub-State assignments have been posted on the KSHSAA website on the volleyball page. Looking ahead: Sub-state rosters will need to be submitted to host sites by Tuesday, October 17, 2023. You may complete this by logging on to the KSHSAA website and go to “Entry Forms” and clicking on VB-2. Be sure to take a nice squad photo to have available for the state program if your team should advance.

Coaches – VB1 – Due October 11, 2023

October 4, 2023, is the first day to submit volleyball officials’ recommendations, with the closing date of October 11, 2023. Select a minimum of seven (7) and a maximum of ten (10) officials you have observed in the last two years that you feel should be considered for postseason competition at the sub-state or state level.

Music

Rule 1-8 states "The playing of music/sound effects shall only be permitted prior to the start of the set during warmups, during timeouts, between sets, and following the competition."

1. "Prior to the start of the set during warmups" -- The music must stop when warmups are over. That is, the clock gets to 0:00.
2. "During timeouts" -- Rule 5-8-3a states "Every time-out ends with a warning whistle by the official followed by the audio signal (horn) sounded by the timer." The music must stop when the horn blows to end the timeout.
3. "Between sets" -- The music must stop when the 3:00 interval between sets expires.
4. "Following the competition" -- The end of any music restrictions.

As a host school, it is important to keep the volume of the music such that conversations can be held for pre-match conference and any other communication that must occur.

Required Postseason Warm-Up

The required warm-up for all KSHSAA postseason tournaments will be:

20 Minutes Warm-up

- 4 minutes shared court time for ball handling
- 4 minutes for visiting team to use the court (no home team skill work)
- 4 minutes for home team to use the court (no visiting team skill work)
- 4 minutes for visiting team to use the court (no home team skill work)
- 4 minutes for home team to use the court (no visiting team skill work)

10 Minute Warm-up

- 2 minutes for shared ball handling
- 4 minutes for visiting team use of court (no home team skill work)
- 4 minutes for home team use of court (no visiting team skill work)

According to the KSHSAA Volleyball Manual, during the time when one team is warming up, the other team may not do any skill work. Therefore, if the other team wants to shag balls, this is acceptable as long as safety is considered when rolling the balls back to the other team. If the other team is on the floor for warm-up, the team shagging balls must be respectful in what they do and what they say. There are no NFHS rules against one team shagging balls for the other team.

Update Scores

Please be respectful of all coaches by updating your scores onto the KSHSAA website. Many coaches use this to monitor records and prepare for upcoming matches. It is each team's responsibility to make sure those scores are current. This is often assigned to an assistant coach who can do this on the way home from the games.

NFHS Fall Sports Officials Appreciation Week

The NFHS has announced that Fall Sports Officials Appreciation Week will take place **October 1-7, 2023**. Participate in falls sports officials' appreciation week can be as simple or as extravagant as state associations and/or schools want it to be. This is a great service project for school student councils, spirit groups, KAY clubs, etc. Some ideas that have worked in the past: Appreciation banners/signage, gift cards/cookies/donuts/other items presented by teams, photo with officiating crew and recognize on school social accounts, read a PSA during the game, "Thank you" cards, etc. Help us show our officials how much we appreciate them!

Useful Websites

KSHSAA Volleyball Website: [Volleyball \(kshsaa.org\)](http://volleyball.kshsaa.org)

KSHSAA Volleyball Manual: [Volleyball.pdf \(kshsaa.org\)](http://volleyball.pdf.kshsaa.org)

NFHS Volleyball Website: [Volleyball \(nfhs.org\)](http://volleyball.nfhs.org)

NFHS Learn: [NFHS Learn | Interscholastic Education, Made Easy](http://nfhs.org/learn)