

<b>Official Pitch Count Tracking Sheet</b> Date _____ Team _____ Coach signature _____		
Pitcher Name, #	Pitches (strikes, balls, foul balls, in play)	Total
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 <b>30</b> 31 32 33 34 35 36 37 38 39 40 41 42 43 44 <b>45</b> 46 47 48 49 50 51 52 53 54 55 56 57 58 59 <b>60</b> 61 62 63 64 65 66 67 68 69 70 71 72 73 74 <b>75</b> 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 <b>105</b> (continue if same at bat)	
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 <b>30</b> 31 32 33 34 35 36 37 38 39 40 41 42 43 44 <b>45</b> 46 47 48 49 50 51 52 53 54 55 56 57 58 59 <b>60</b> 61 62 63 64 65 66 67 68 69 70 71 72 73 74 <b>75</b> 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 <b>105</b>	
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 <b>30</b> 31 32 33 34 35 36 37 38 39 40 41 42 43 44 <b>45</b> 46 47 48 49 50 51 52 53 54 55 56 57 58 59 <b>60</b> 61 62 63 64 65 66 67 68 69 70 71 72 73 74 <b>75</b> 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 <b>105</b>	
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 <b>30</b> 31 32 33 34 35 36 37 38 39 40 41 42 43 44 <b>45</b> 46 47 48 49 50 51 52 53 54 55 56 57 58 59 <b>60</b> 61 62 63 64 65 66 67 68 69 70 71 72 73 74 <b>75</b> 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 <b>105</b>	
	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 <b>30</b> 31 32 33 34 35 36 37 38 39 40 41 42 43 44 <b>45</b> 46 47 48 49 50 51 52 53 54 55 56 57 58 59 <b>60</b> 61 62 63 64 65 66 67 68 69 70 71 72 73 74 <b>75</b> 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 <b>105</b>	
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**Pitches = Required Rest**    If there are multiple games in one calendar day, keep all tracking sheets for respective team to add up at the end of the day.

- 76-105 = 4 days
- 61-75 = 3 days
- 46-60 = 2 days
- 31-45 = 1 day
- 1-30 = 0 days

Team should be made aware of when a pitcher is approaching a benchmark (bold underling #'s) before an inning begins.

After signed by the coach, host school shall retain this sheet for the season.

An electronic based scoring system may be used if it tracks pitches. Fill out totals on this sheet to sign.

