

# National High School Activities Week

# OCTOBER

SUNDAY  
9

MONDAY  
10

TUESDAY  
11

WEDNESDAY  
12

THURSDAY  
13

FRIDAY  
14

SATURDAY  
15

## THROUGHOUT THE WEEK

## NATIONAL BE A SPORT DAY

- Give morning or home room intercom announcements
- Assembly/pep rally
- Poster or essay contest
- Mayoral proclamation
- School phone messages
- Write to local pastors asking them to recognize participants, parents or fans who are members of their organization
- Ask local merchants to advertise discounts during week to those with ticket stub or program from school event

- Make up positive cheers, chants or songs
- Print bookmarks with sportsmanship ideas; ask library to slip them into all books
- Give incentives to faculty, staff and students "caught" being a sport
- Make posters for contest
- Use table tents in cafeteria, reading lounges or library for sportsmanship messages
- Welcome visiting teams with announcement over PA system

## NATIONAL FINE ARTS ACTIVITIES DAY

- Recognize fine arts participants at pep rally
- Invite middle school band students to perform with high school band at football game
- Give program at elementary school or judge "Star Search" program
- Do feature story in campus newspaper
- Invite local actors or musicians for performance with students
- Organize youth talent program for community

## NATIONAL OFFICIALS/ JUDGES DAY

- Host breakfast for officials who help in sports and fine arts
- Class competition of "You Make the Call"; feature questions on sports rules
- Have round-table discussion with students, officials and parents
- Post signs thanking officials
- Donate sportsmanship related book or video to library on behalf of officials
- Send certificates of recognition and appreciation letters to officials

## NATIONAL YOUTH HEALTH AWARENESS DAY

- Set aside a portion of practice time to discuss healthy lifestyle issues
- Hold workshops on health issues; recognize school nurse, athletic trainer, team doctor
- Create and display bulletin boards and posters dealing with healthy lifestyle issues
- Offer pre-game meal with nutritional analysis
- Offer students opportunity to "shadow" health professionals
- Have students prepare directory of community agencies
- Ask non-coaching faculty to be "coaches of the day"

## NATIONAL COACHES SPONSORS ADVISORS DAY

- Host breakfast for all sponsors and coaches
- Honor different coaches and advisors each hour of the day
- Play "Name that Coach" clue game
- Recognize coaches, sponsors and their families during events
- Let "fan of the week" sit on bench with team

## NATIONAL FAN APPRECIATION DAY

- Provide Booster Club members coupon for free pop and popcorn
- Present free program to fans (based on school colors or other criteria)
- Give school shirt to most avid fans (student and adult)
- Offer tailgate party with refreshments
- Introduce parents of players and cheerleaders during pre-game ceremony
- Ask media to feature fan with longest attendance record at high school event

## NATIONAL COMMUNITY SERVICE PARTICIPATION DAY

- Participate in Special Olympics "Make the Point" program
- Offer free admission to event to representatives of program advertisers
- Hold open house; invite school board members, alumni, businesses and media to attend
- Do radio or television public-service announcements with activities participants
- Recognize business partners and school board members in programs
- Offer school souvenirs at auction for funding community service project

# #GEARUP

