

BRAINSTORMING IDEAS

2006 KAY UNIT CONFERENCES
“KAY KALEIDOSCOPE”
STUDENT ACTIVITY

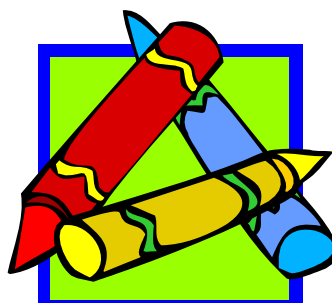


During January and February 2006, 12 KAY Unit Conferences were conducted across Kansas. At each conference, student delegates participated in a 15 minute activity entitled “KAY Kaleidoscope”.

In “KAY Kaleidoscope”, KAY delegates were divided into 8 groups (by name tag color). Within these color groups they were divided once again into 6 groups. Each group was given a piece of paper with one of the 6 KAY Objectives (Character, Health, Service, Appreciation, Recreation, Leadership). Each small group was asked to brainstorm activity ideas based on the “objective” they were given and write them down on the paper given. After 10 minutes the group leaders asked each small group to share a couple of their ideas with the entire color group.

At the end of the activity, the group leaders collected the pages of ideas which were in turn given to the state director. The following 6 pages are a product of this activity.

I hope you will find this information useful and a means to propel you into a strong finish for the 2005-06 school year.



Red = CHARACTER

(Laugh, Love, Lift)

Brainstorming ideas from 2006 KAY Unit Conference activity "KAY Kaleidoscope".

Play games with children in the hospital
Community play with k-6th graders
Make heart cookies for people
Assistance at animal shelter
Perform plays at day care centers
Conduct a carnival for kids
Rose Exchange
Read to children
Host Elementary Carnival
Adopt grandparents
Make cards for people
Romanic Dinner
Send back packs to troops
Clean-up around town
Conduct food drive
Conduct Toy Drive
Canned food drive
Clean yards
Clothes to thrift shop, good will
Organize crafts fair
Flower grams
Shovel driveways
Users are losers/Hugs not drugs
Foreign Exchange students bowling night
Trick-or-canning
Dodge ball tournament
Tutor grade school students
Conduct school-wide leadership seminar
Wash teachers cars
Conduct blood drive
School-wide Character-building assembly
Donate old glasses to Lions Club
Make a wish foundation
Community wide basketball tournament
Run errands for senior citizens
Recycle
Wash windows down town
Assist at rescue mission
Clean up cemeteries
Open a hang out spot
Promote participation in school activities
Assist custodians
Manicures and pedicures at care home
Book bags for Katrina victims
Beautify school grounds
Host fun night for young children
Work at homeless shelter for a day

Visit nursing home – play games, read
Valentine Tea at nursing home
Kindergarteners sing at nursing home
Provide assistance to disabled people
Sponsor a Valentines Dance
Sponsor a Comedy Show, Talent Show
Adopt a teacher
Lip Sync contest at HS
Bingo at local care home
Make baskets with supplies
Sponsor a Movie Day
Operation Christmas Child
May baskets to "Meals on Wheels"
Clean-up along roadways
Gift baskets for needy
Volunteer at pre-school
Assist at soup kitchen
Clean public areas
Visit hospital
Fruit basket for senior center
Sell carnations
Conduct Fun Fair
Costume Dance
Pennies for patients
Secret pals
Anger management seminar
Organize game night
Buy Christmas trees for needy
Veterans appreciation party
Welcome baskets for new students & teachers
Write parent thank you note
Habitat for Humanity
Arbor day – plant trees in community
Decorate nursing home patient doors
Walk peoples dogs
Rake and run
Walk children home from school
Adopt children over seas
Paint with children
Street dance
Assist with Special Olympics
Random Acts of Kindness
Baby sit at parent/teacher conferences
Serve lunch to school cooks
Term paper bags
Scavenger hunt with children
Charity concert

White = HEALTH (Physical & Mental)

Brainstorming ideas from 2006 KAY Unit Conference activity “KAY Kaleidoscope”.

Blood Drive	Relay for Life
Walk-a-thon for child abuse	American Cancer society fund raiser
St. Jude’s fund raiser	March of Dimes activity
Distribute healthy food	Posters to promote healthy habits
Organize exercise programs	Assembly with health speaker
Community health classes	Organize walk for life
Close candy machines for a day	Teach elderly people aerobics
Speaker about positive attitudes	Dodge ball tournament
Promote washing hands often	Hydrate – drink lots of water
Have healthy snack day	Diabetic screening
Heart screening for athletes	“Kick Junk Food” week
Drug awareness week	Fruit week
Outside activity day	Plant trees (oxygen)
Yoga day	Canned food drive
Environmental clean up	Fitness day
Volunteer for Special Olympics	Provide healthy care packages
Secure nutritionist to speak at school	Cancer walk
Crop walk	Post nutrition facts around school
Teach personal hygiene to children	Sport buddies
Hula Hoop contest	Obesity awareness
Speaker on STD’s	Jump rope for Heart
No fried foods Friday	Organize flu shots distribution
Hearing tests	Body fat tests
Blood pressure screening	Great American Smoke-out
Organize teens against underage drinking	Organize “Biggest loser” contest at school
Walk to school (don’t drive for a week)	Conduct Mini Health Fair
Slow Down Week (avoid fast foods)	Send first aid kits to Katrina victims
Home health awareness	Hoops for heart
3 on 3 tournaments	Donate \$\$ for breast cancer
Sports-a-thon	Stress relief club
Prevent Bullies	General First Aid course
Teach CPR	Provide classroom first aid kits
Monthly Counselor Assembly	Dental screening
Eye exams	Sponsor a nature walk
Pass out healthy snacks after recess	Sponsor a physical fitness club
Eating disorders session	Clean up walking paths
Red Ribbon Week	Amount of sleep needed each night
HIV awareness	Scrabble tournament
Horseshoe tournament	

Blue = SERVICE **(School, Community, Nation, World)**

Brainstorming ideas from 2006 KAY Unit Conference activity “KAY Kaleidoscope”.

Yard work at school	Plant flowers at school
Send cards to soldiers	Assistance to Salvation Army
Trick or treat for UNICEF	Collect/send items to troops
Recycle	Clean elderly citizens yards
Plant trees in memory of veterans	Help out at soup kitchen
Big Brothers/Big Sisters	Wash fire trucks
Organize community street dance/block party	Park clean-up
Organize community wide baby sitting	Community garage sale
Appreciation program	Can food drive
Misc. Auction	Bake Sale, Car wash
Canned food bingo	Easter baskets
Pick up trash on highways	Volunteer anywhere
Donate to needy organizations	Cake Raffles
Paint fire hydrants	Teacher Appreciation
Clothing Drive	Elementary Field Day
Adopt a child	Hat & glove tree for needy
Coat Drive	Sportsmanship posters around school
Deck the Halls class competition	Ronald McDonald Pop tabs
Activity night at school	Assistance at Animal Shelter
Veterans Day assembly/dinner	Paint playground equipment
Clean up gym after game	Baby sit coaches kids
Paint gym rails	Clean houses
Hovel snow	Put light on outside flag
Thanksgiving for foreign exchange students	Recognize local volunteers
Slave auction	Hurricane Relief
Holiday placemats for care home	Establish bike trails
Plant and maintain flower pots downtown	School carnival
Skate-a-thon	Locks of Love
Horse rides for handicapped children	Start “Bully” program
Academic assembly	Heifer Project International
In charge of school marquee	Orphan Grain Train
Homework time for grade school	Community bake sale
School wide breakfast	Toy bin for Christmas
St. Jude’s Bike-a-thon	Paint park gazebo
Walk and bathe dogs	Purchase new flags for school
Mow lawns for elderly	Take photos of elderly – give to family
HS/Kid bowling league	Run errands for teachers, coaches, secretaries
Change batteries in smoke detectors (elderly)	Change clocks at daylight savings time (elderly)
Help elderly organize family pictures	Make/freeze meals for elderly
Clean forgotten areas in town	Pennies for Leukemia
Food drive for EKAN	Community wide clean-up
Clean school trophy cases	Conduct blood drive
Little KAYS (like Big Brothers/Big Sisters)	Paint house # on curbs
Place trash containers around town	Organize overseas pen pals
Coloring contests (all ages)	Sweep downtown sidewalks
Angel tree child	Collect/recycle phone books, cell phones
Movie night for kids	-4-

Yellow = APPRECIATION (Friends, All races, Self)

Brainstorming ideas from 2006 KAY Unit Conference activity "KAY Kaleidoscope".

Teacher appreciation

Hand write thank you notes
Thank you video
Janitor appreciation (bucket full of snacks)
Donuts to police and sheriff dept.
Gift certificates
Cook breakfast for teachers
Cook for the cooks
Member appreciation – special dinner
Make picture frame for friends
Mother/Daughter Tea (Thank mothers)
Faculty care packages
Thank 4 people a day – see what happens!
Appreciation notes to troops
Encourage people to join KAY
Wash school buses
Pennies for patients
Dinner for school board
Donate food to bread basket
Wash teachers cars
Janitors day off
Student of week, month, year
Bake cookies for park rangers
Help deliver Meals on Wheels
Motivational locker signs for students
Talk to elderly about life as teenager
Senior citizen card-a-thon
Thank you program-booster club, teachers, etc.
Perfect attendance party
Library appreciation – assist as needed
Harvest meals for farmers
Mailman – gift
Recycle – paper, cans, etc.
Write to relatives you haven't seen in a while
Gift basket for retiring teacher
Thanks referee's
Promote student involvement
Buy gloves for trash man

Spirit Weeks

"This Is Your Life" day for teachers
Give balloons, flowers, brownies, etc.
Treat local merchants
Donate tree to park in appreciation of school
Appreciate school – clean up day (in and out)
Thank you cards for faculty
Decorate school for holidays
Appreciation to city workers
Birthday cakes for elderly
Guardian Angel – gifts to athletes & coaches
On-call firefighters lunch
Teddy bears to new mothers in hospitals
May baskets to elderly
Appreciate nature – rake, mow, plant, trim, etc.
Coffee mugs for bus drivers
Over seas care kit
Thank sponsor for serving club
Candy Land for grade school
Appreciate athletes – posters on lockers
Parents – thanks for all you do
Clean gum off of bleacher bottoms
Academic party
Christmas party for homeless
Make a daily thank you goal
Plant a tree
Silent Auction Gift basket
Admit free to games – EMS, police, etc.
Musical arts appreciation day
Clean house
Family – eat a meal together
Church appreciation – Soup supper
Recognize birthdays
Knit a scarf for the principal
Random acts of kindness
Celebrate different heritages
Candy grams

Green = RECREATION **(Relaxation, Rest, Re-creation)**

Brainstorming ideas from 2006 Unit Conference activity "KAY Kaleidoscope".

Elementary school play day
Water war
Powder Puff football
Ping Pong
Hide and go seek
Camp out
Jump Rope for Heart
Walk around town – pick up trash
Volleyball Tournament
Lock in
Community soccer team
Tae-bo class
Community picnic
Nature walk
Mud volleyball tournament
3 on 3 basketball tournament
Candy Land
Dog-a-thon (walk dogs)
Sand volleyball tournament
Dance
Skate-a-thon
Scavenger Hunt
Board Game Tournament
Community Treasure Hunt
Paper Airplane Contest (build/fly)
Movie Night
Pumpkin carving contest
Community Pep Rally
Golf Tournament
Softball Tournament
Community Bingo Night
Sponsor students to camp
Provide Student Lounge
Iron man volleyball tournament
Twister party for elementary students

Dodge Ball tournament
HS/Elementary Buddy system
Whiffle ball tournament
Freeze Tag
Membership Game
Walk for Life
4th of July Marathon
Donkey Basketball
Walk for Life
St. Jude's Bike-a-thon
Pottery class
Fishing tournament
Bowling tournament
Paint houses
Karaoke contest
Bobbing for apples
Haunted House
Corn Maize
Kids wrestling
Paint Ball
Make a Difference Day
Easter Egg Hunt
City-wide Checker Tournament
Watermelon Feed
Slumber party
Frisbee Contest
Talent Show
Spring Fling
Badminton Tournament
Yoga & Pilates day
Donate sports equipment
Sr. Citizen Olympics
Cake decorating contest
Ice cream social

Purple = LEADERSHIP (Citizenship & Caring)

Brainstorming ideas from 2006 KAY Unit Conference activity "KAY Kaleidoscope".

Provide office assistance	Library assistance
Assist teachers after school	Host a KAY Conference
Start sports teams	Play music in the park
Clean houses	Fix up run-down houses
Hold class meetings	Leadership assembly
Personally thank city workers	Give \$\$ to needy
Assist with Church Bazaar	Pick up litter
Volunteer – anywhere, everywhere	Paint fire Hydrants
Recognize government officials	Care packages for troops
Fruit baskets to care homes	Teddy Bear Drive
Pop Tabs for Ronald McDonald House	Attend meetings
Encourage others to participate	Attend leadership camps, conferences
Recruit new members	Rake and Run
Potluck Dinners	Clean up community
Adopt a child	Teach children to fish
Teach others to be responsible	Teacher appreciation
Read books to children	Encourage members to serve in leadership roles
Assist teachers with tutoring	Big Brothers/Big Sisters
Cookies to care homes	Help a disabled neighbor
Be good neighbors	Recognize community leaders
Recognize club leaders	Volunteer at hospital
Raise/lower flag at school each day	Get involved - Run for school office
Organize a pep club	Organize assemblies
Assist at soup kitchen, homeless shelter	Play cards at care home
Stand up for what is right	Help with city functions
Recognize students who show admirable qualities	Assist young students to make good decisions
Cookies at election day voting places	Start a story hour at library
Be a good example for sportsmanship	Habitat for Humanity
Give to Make a wish foundation	Pennies for Patients
Operation Christmas child	Tie yellow ribbons around trees
Write letters to troops	Manicures at care home
Plant a tree for arbor day	Repair benches in community
Conduct a charity auction	Host Veterans Dinner
Free car wash for senior citizens	Donate to Food Pantry
Adopt a grandparent and elementary student	Sponsor "Swim for Free" night
Mow retired persons yard	Appreciation gifts to maintenance crews
Donate books to library	Plant flowers around town
Donate cow to 3 rd world country	Bleacher clean-up
Clean trophy cases	Sweep sidewalks downtown
Pancake feed	Wash police cars and fire trucks
Set a good example – be a role model	Adopt a highway
Recycling bins at school	