

2018 QUALIFYING STANDARDS

Class 6A-5A = May enter up to 3 individuals per event - no standard applies

Class 4A-3A-2A-1A = may enter up to 3 individuals if all three have met the standard or have a better time/distance. If entering only 1 or 2 in an event, those entries DO NOT have to meet the standard.

The standards listed are the minimum for the events.

To have bettered the standard, for running events, the time must be faster. For throwing events, the mark must be farther or higher.

Girls Qualifying Standards (M)

EVENT	4A	3A	2A	1A
100M Dash	13.29	13.56	13.73	13.87
200M Dash	27.78	28.31	28.97	28.84
400M Dash	01:04.1	01:05.4	01:06.6	01:08.2
800M Run	02:34.2	02:40.1	02:42.9	02:44.5
1600M Run	05:54.0	06:03.6	06:17.7	06:23.7
3200M Run	12:53.8	13:41.7	13:43.6	14:11.2
100M H. Hurdles	17.41	17.56	18.01	18.28
300M L. Hurdles	50.65	51.91	52.94	53.68
High Jump	4'09"	4'08"	4'07"	4'08"
Long Jump	15'08"	15'04"	15'01"	15'02"
Triple Jump	32'05"	32'02"	31'05"	31'09"
Pole Vault	8'05"	8'03"	7'05"	7'02"
Shot Put	34'03"	33'01"	32'03"	31'10"
Discus	102'01"	99'07"	94'02"	95'06"
Javelin	106'02"	105'08"	101'06"	102'04"

Boys Qualifying Standards (M)

EVENT	4A	3A	2A	1A
100M Dash	11.5	11.74	11.88	12.1
200M Dash	23.56	24.1	24.54	24.62
400M Dash	53.1	54.36	55.00	55.25
800M Run	02:07.6	02:10.1	02:12.5	02:13.3
1600M Run	04:51.7	05:00.5	05:04.7	05:11.1
3200M Run	10:47.4	11:03.0	11:11.7	11:25.6
110M H. Hurdles	16.33	17.15	18.1	18.27
300M I. Hurdles	42.98	44.13	44.55	45.51
High Jump	5'10"	5'09"	5'08"	5'07"
Long Jump	20'02"	19'06"	19'06"	18'09"
Triple Jump	40'09"	39'05"	38'10"	38'07"
Pole Vault	11'06"	11'02"	10'05"	10'01"
Shot Put	45'08"	44'00"	42'04"	41'07"
Discus	136'05"	128'08"	123'05"	119'06"
Javelin	151'08"	146'08"	140'01"	145'08"

2016 QUALIFYING STANDARDS

Class 6A-5A = May enter up to 3 individuals per event - no standard applies

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The standards listed are the minimum for the events.

To have bettered the standard, for running events the time must be faster. For throwing events, the mark must be farther or higher.

Girls Qualifying Standards (M)				
EVENT	4A	3A	2A	1A
100M Dash	13.2	13.4	13.6	13.8
200M Dash	27.8	28.3	28.8	28.7
400M Dash	01:03.8	01:05.7	01:07.1	01:06.6
800M Run	02:33.4	02:39.5	02:43.4	02:42.9
1600M Run	05:53.5	06:03.6	06:09.9	06:20.3
3200M Run	12:44.5	13:43.2	13:47.4	14:07.9
100M H. Hurdles	17.4	17.4	17.8	17.9
300M L. Hurdles	50.2	51.7	52.9	53.1
High Jump	4'07"	4'08"	4'08"	4'08"
Long Jump	15'07"	15'05"	15'01"	15'06"
Triple Jump	32'08"	32'03"	31'09"	32'05"
Pole Vault	8'02"	8'01"	7'03"	7'04"
Shot Put	34'04"	32'02"	32'03"	32'01"
Discus	103'06"	97'06"	92'05"	95'01"
Javelin	106'04"	105'03"	99'07"	103'3"

Boys Qualifying Standards (M)				
EVENT	4A	3A	2A	1A
100M Dash	11.5	11.6	11.7	12.3
200M Dash	23.6	24.1	24.2	24.4
400M Dash	53.3	53.8	54.9	54.7
800M Run	02:06.9	02:10.1	02:12.4	02:11.0
1600M Run	04:51.8	04:59.4	05:04.9	05:06.7
3200M Run	10:46.9	11:05.0	11:09.3	11:16.4
100M H. Hurdles	16.3	16.9	17.7	17.8
300M I. Hurdles	42.8	43.9	44.3	44.8
High Jump	5'10"	5'09"	5'08"	5'07"
Long Jump	20'06"	19'08"	19'02"	19'05"
Triple Jump	40'09"	39'06"	39'00"	39'06"
Pole Vault	11'07"	11'01"	10'04"	10'03"
Shot Put	45'05"	44'02"	42'06"	42'02"
Discus	135'06"	129'05"	124'00"	122'02"
Javelin	152'07"	148'09"	141'04"	146'09"