

## 2017 QUALIFYING STANDARDS

Class 6A-5A = May enter up to 3 individuals per event - no standard applies

Class 4A-3A-2A-1A = may enter up to 3 individuals if all three have met the standard or have a better time/distance. If entering only 1 or 2 in an event, those entries DO NOT have to meet the standard.

The standards listed are the minimum for the events.

To have bettered the standard, for running events, the time must be faster. For throwing events, the mark must be farther or higher.

### Girls Qualifying Standards (M)

| EVENT           | 4A      | 3A      | 2A      | 1A      |
|-----------------|---------|---------|---------|---------|
| 100M Dash       | 13.3    | 13.4    | 13.6    | 13.8    |
| 200M Dash       | 27.6    | 28.2    | 28.9    | 28.7    |
| 400M Dash       | 01:03.8 | 01:05.6 | 01:06.9 | 01:07.4 |
| 800M Run        | 02:33.4 | 02:40.3 | 02:43.7 | 02:43.8 |
| 1600M Run       | 05:53.1 | 06:03.6 | 06:10.5 | 06:21.6 |
| 3200M Run       | 12:48.4 | 13:41.4 | 13:47.1 | 14:16.1 |
| 100M H. Hurdles | 17.5    | 17.3    | 17.8    | 17.9    |
| 300M L. Hurdles | 50.4    | 51.7    | 52.8    | 53.2    |
| High Jump       | 4'07"   | 4'08"   | 4'07"   | 4'08"   |
| Long Jump       | 15'09"  | 15'05"  | 15'02"  | 15'04"  |
| Triple Jump     | 32'06"  | 32'03"  | 31'08"  | 32'02"  |
| Pole Vault      | 8'04"   | 8'02"   | 7'05"   | 7'04"   |
| Shot Put        | 34'06"  | 32'07"  | 32'04"  | 31'09"  |
| Discus          | 102'09" | 99'05"  | 93'04"  | 95'05"  |
| Javelin         | 106'08" | 105'09" | 101'07" | 103'05" |

### Boys Qualifying Standards (M)

| EVENT           | 4A      | 3A      | 2A      | 1A      |
|-----------------|---------|---------|---------|---------|
| 100M Dash       | 11.5    | 11.6    | 11.9    | 11.9    |
| 200M Dash       | 23.6    | 24.1    | 24.7    | 24.5    |
| 400M Dash       | 53.1    | 54.8    | 54.8    | 54.9    |
| 800M Run        | 02:07.4 | 02:10.0 | 02:09.8 | 02:12.3 |
| 1600M Run       | 04:51.0 | 04:59.6 | 05:00.5 | 05:10.3 |
| 3200M Run       | 10:46.4 | 11:05.7 | 11:12.3 | 11:25.8 |
| 100M H. Hurdles | 16.3    | 17.1    | 17.9    | 17.9    |
| 300M I. Hurdles | 42.8    | 44.9    | 44.6    | 44.9    |
| High Jump       | 5'10"   | 5'09"   | 5'08"   | 5'07"   |
| Long Jump       | 20'01"  | 19'09"  | 19'04"  | 18'09"  |
| Triple Jump     | 40'09"  | 39'06"  | 39'01"  | 39'02"  |
| Pole Vault      | 11'08"  | 11'03"  | 10'07"  | 10'01"  |
| Shot Put        | 45'07"  | 44'02"  | 42'09"  | 41'09"  |
| Discus          | 136'00" | 129'07" | 126'04" | 121'08" |
| Javelin         | 152'04" | 147'07" | 145'09" | 145'04" |