

Week #4 – September 6, 2022

Players Standing

Players are required to sit on the team bench during play. The limited exceptions are (1) standing to react to a good play by a teammate, (2) standing to greet a player replaced to the bench, and (3) warming up in a nonplayable are prior to substituting in.

Libero Uniform

Rule 4-2-2 states that the libero uniform top must clearly contrast from the predominant color(s) of the team uniform top, excluding trim. The libero's uniform top cannot be made solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top.

Contrasting is defined that if the team uniform is a dark color, then the libero uniform needs to be a light color. There should not be two light colors or two dark colors, even if they are different colors. Officials need to be able to identify the libero quickly and accurately when officiating.

Line Ups

Here is the link to the roster/line-up cards that can be used. Coaches and officials need to be aware that the line-up card is done in serving order. If you are the receiving team, your first server should be in the RF position. It helps the R2 and the scorer if the line-up cards are done correctly. This is part of the reason why they are due prior to the two-minute warning. Thank you for your attention to this.

Double Dual

Some schools will host a double dual and there have been questions from the school side and the official side on how to manage these events. For everyone's knowledge, a double dual is the best 2 out of 3 and NOT 3 out of 5. A true dual is the only one that needs to be a best 3 out of 5. A double dual is also assigned two points for a school's calculation as it is two matches and therefore 2 points, just like a triangular.

Hair Adornments – Clarification

Rule 4-1-6a – Allows hair adornments provided they are securely fastened and do not increase risk to the athlete, teammates and opponents while eliminating the length restriction of 2 inches for bobby pins, flat clips, and flat barrettes. Tinsel that is woven in the hair is legal and does not need to be removed. This does not pose a risk to the player, teammates, or opponents. If beads are allowed in the hair, tinsel is as well.

Protocol

As a reminder, the protocol for the beginning of a match and the end of the match have returned to pre-Covid procedures. Sportsmanship is a point of emphasis through the NFHS this year and these protocols

and how they are followed set the tone for sportsmanship throughout the match. As officials and coaches, it is the adult's responsibility to make sure all athletes are following this protocol at the net.

Opportunity to Watch and Learn

Here is a link to a video that is about 30 minutes in length and discusses in detail, overlap and alignment. As a coach or an official, it is always good to watch videos that are out there to help learn and grow.

<https://www.youtube.com/watch?v=XmiFfg2Q4gA>