

RULE INTERPRETATION – WRESTLING (During the school year, but outside the season of sport)

I. KSHSAA HANDBOOK RULE 10-5:

- a. During the school year, but outside the season of sport, coaches/coaches' aides may not coach in practice or completion those students they will be coaching the following year in that sport. This includes the students they coached during the previous season.

- Question: Does this include Seniors, who no longer have wrestling eligibility:
 - **NO**
- Question: Can a student receive instruction from their parent, who is the coach?
 - **YES (KSHSAA Handbook Rule 26-1)**

II. INTERPRETATIONS: (During the school year, but outside the season of sport)

- a. A school coach may attend camps and clinics.
- b. A School coach may not attend camps and clinics with their athletes.
- c. A school athlete may attend camps and clinics, as long as their school coach is not in attendance.
- d. A school coach may not transport students to camps or clinics.
- e. A school coach may transport (but not in school vehicles) students to non-school competitions in their sport.
- f. A school coach may be present for those non-school competitions, but is not permitted to coach the student/athlete.
- g. Students may wrestle (participate) on non-school teams (outside the wrestling season).

- Question? Can a school coach work with a Kids Club Program?
 - **YES, but they cannot coach their student/athletes in practice or competitions. They can work with their own child and those athletes who are not on the school team.**
- Question? Can a school coach work with their own child while other school team wrestlers are present in the Kids Club Wrestling room?
 - **YES, but the coach is not permitted to provide instruction to those school team wrestlers, who are present. Only instruction to their own child is permitted.**
- Question? If a coach is assigned a position as a Regional Training Coach or Cadet Coach by USAWKS, can they be in the same wrestling room as their own school athletes?
 - **YES. The school coach can be in the room, but they are not permitted to work with their own school team wrestlers.**

- Question? Can a school provide an open gym/wrestling room for their students during the school year?
 - YES, but the supervisor cannot be the school coach(s).

(Two schools getting together and just switching coaches goes against the spirit of the rule)

III. SCHOOL / OFF SEASON CONDITIONING PROGRAMS:

- a. A school coach may supervise an offseason conditioning program for students not currently on a school team.
- b. School conditioning programs may not be sport-specific and shall only include weights, running, conditioning and general skill development.
- c. Sport specific equipment may not be used in conditioning programs.
- d. The offseason conditioning program must be open to the entire student body, and participants must provide their own clothing, as they are non-sport specific.

Thank you for your diligence in dealing with matters such as this in your area of the state regarding guidelines and rules related to coaching and instruction outside the season of sport.