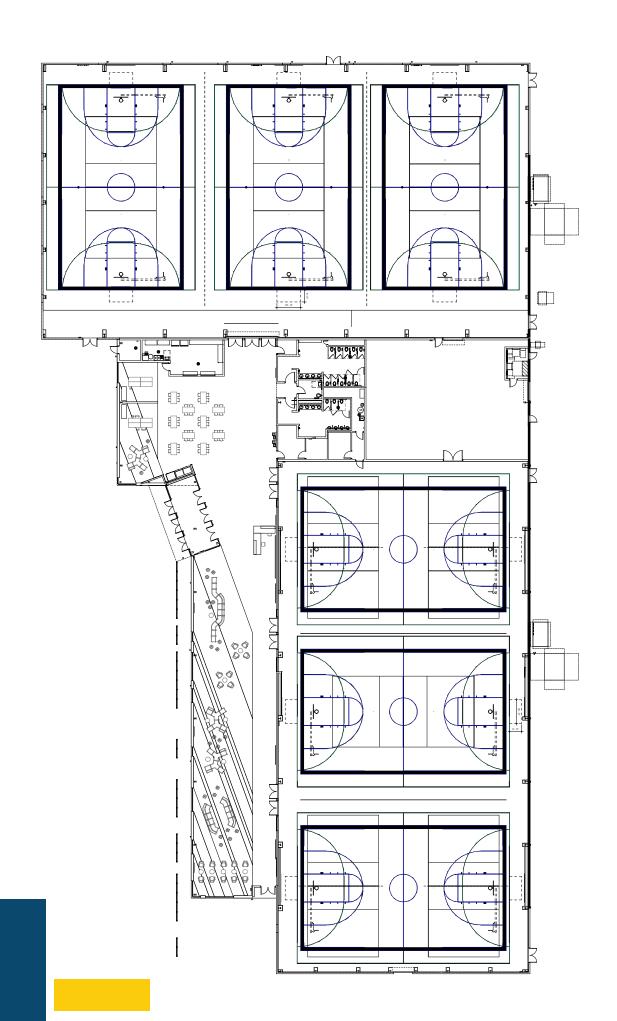


BUILDING THE FOUNDATION

August 5-6, 2024 | Salina Fieldhouse



Welcome

to the 90th Annual Kansas Coaching School

It is with great pleasure that we welcome you to the annual KSHSAA Coaching School. Our staff has worked very hard to develop a conference agenda which provides significant and diverse learning opportunities as you engage with our outstanding speakers and clinicians. The breadth and depth of offerings in this professional development opportunity will provide technical, theoretical and motivational growth opportunities for each of you. You have the opportunity to enjoy a wide array of sports specific sessions, as well as general sessions designed to help you lead your teams and school programs. In addition to learning from the presenters, we hope you will take time to develop as part of the fraternity of coaches. By sharing your stories, and learning from your peers, you will grow your craft and develop a support system that is healthy and ever present. We hope your participation will better equip you to make a positive difference for the young men and women you influence each and every day in your school and community. Thank you for attending Kansas Coaching School, and thank you for the lessons you teach Kansas students as we learn and grow together.

Bill Faflick, KSHSAA Executive Director

General Information

- Name badges must be worn all sessions.
- Fall sports rules books will be on sale beginning Monday afternoon at the Registration Center.
- Legend for Session Locations (see inside back cover for map)

Ct. 1 = Court 1

Ct. 2 = Court 2

Ct. 3 = Court 3

Ct. 4 = Court 4

Ct. 5 = Court 5

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A Special Thanks to all of the vendors exhibiting at this year's Kansas Coaching School

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Monday, August 5, 2024

Registration at 7:30 a.m. in Salina Fieldhouse Lobby

Room	Activity	Presenter, <i>Topic</i>
Session	1 - 9:00 a.m.	
Ct. 3	Basketball	Paul Mills - Wichita State University; Passing and Spacing
Lobby	CPR/AED	CPR/AED Training Session
Ct. 6	Golf	Charlie Pierce - Hutchinson High School; Skills Needed For Success
Ct. 4	Spirit (Dance)	Luise Maldonado - Houston, TX; Creating Team Culture and Brand
Ct. 1	Volleyball	Christy Doile - McPherson High School; <i>The Bullpup Way</i>
Session	2 - 10:00 a.m.	
Ct. 3	Basketball	Kyle Porter - Silver Lake High School; Power Questions: 20 Questions for High School Program Building
Ct. 5	Football	Michael Glatczak - Seneca-Nemaha Central High School; Gap/Zone Schemes W/RPO
Ct. 6	Golf	Rob VanDeCreek - Golf USA Manhattan; Teaching Principals
Ct. 4	Spirit (Dance)	Macie Baucum - Saint Charles, MO; Coaching Style Revamp: Instructing Gen-Z Athletes Post Pandemic
Ct. 2	Track and Field	Jason McCullough - Fort Hays State University; Tempo and Threshold Training
Ct. 1	Volleyball	Chris Lamb - Wichita State University; WSU Volleyball
Session	3 - 11:00 a.m.	
Ct. 3	Basketball	Nick Perez - Junction City High School; How We Practice
Ct. 5	Football	Justin Burke - Clearwater High School; Practice Plans/Indian Football
Ct. 6	Golf	Rob VanDeCreek-Golf USA Manhattan; Coaching Techniques
Ct. 4	Spirit (Dance)	Luise Maldonado - Houston, TX; Utilizing Strength Training in Warm Up
Ct. 2	Track and Field	Jason McCullough - Fort Hays State University; Strength Training and Drills for Distance Runners
Ct. 1	Volleyball	Chris Lamb - Wichita State University; WSU/How Can I Help You?

Lunch - 12:00 p.m.

Open time to purchase lunch from food trucks or downtown businesses.

Session	4 - 1:00 p.m.	
Ct. 3	Basketball	Mark Johnson - Fort Hays State University; Fort Hays State Half Court Defense and Drills
Ct. 5	Football	Josh Homolka - Ellsworth High School ; Ellsworth Bearcat Football: Keeping it Simple
Ct. 6	Golf	Grady Pauls - Hesston High School; Course Management & Mental Approach
Ct. 4	Spirit (Dance)	Macie Baucum - Saint Charles, MO; Choreography How-To: Creating a Visual Performance Anytime
Ct. 2	Track and Field	Levi Huseman - Olathe North High School; Organizing and Administering the entire Track and Field Program
Ct. 1	Volleyball	Rick Moyer - Montezuma-South Gray High School; Unlocking the Full Potential of Your Team
TBD	Wrestling	Kerry Regner - NWCA; Coaching Leadership Academy
Session	5 - 2:00 p.m.	
Ct. 3	Basketball	Mark Johnson - Fort Hays State University; Offensive Sets and Quick Hitters out of Secondary and Half Court
Lobby	CPR/AED	CPR/AED Training
Ct. 6	Golf	Dustin Galyon - Friends University; Good to Great - Perfect Practice
Ct. 4	Spirit (Dance)	Luise Maldonado - Houston, TX; Make Your Gameday Standout
Ct. 2	Track and Field	Levi Huseman - Olathe North High School; Distance Training
Ct. 1	Volleyball	Kevin Bordewick - Topeka-Washburn Rural High School; Expectations/Culture/Game-Like Drills
TBD	Wrestling	Kerry Regner - NWCA; Coaching Leadership Academy
Session	6 - 3:00 p.m.	
Ct. 3	Basketball	Trey O'Neil - Hugoton High School; Coaching the High School Basketball Experience
Ct. 5	Softball	Kristi Bredbenner - Wichita State University; WSU Softball
Ct. 4	Spirit (Dance)	Macie Baucum - Saint Charles, MO; Building a Program: Feeder Teams, Support, and Cultivation
Ct. 2	Track and Field	Zach Johnson - Olathe North High School; Throwing Techniques
Ct. 1	Volleyball	Sarah Johnson - Silver Lake High School; <i>The Silver Lake Volleyball Program</i>
TBD	Wrestling	Kerry Regner - NWCA; Coaching Leadership Academy
Session	7 - 4:00 p.m.	
Ct. 5	Softball	Kristi Bredbenner - Wichita State University; WSU Softball
Ct. 4	Spirit Rules Meeting	Megan Hagaman - KSHSAA; Spirit Safety/Rules Meeting
Ct. 2	Track and Field	Kelsey Talbott - Garden Plain High School; Discus Throw Techniques
TBD	Wrestling	Kerry Regner - NWCA; Coaching Leadership Academy

Tuesday, August 6, 2024

Room	Activity	Presenter, <i>Topic</i>
Session	1 - 9:00 a.m.	
Ct. 2	KCA SESSION	Kansas Coaches Association
Session	2 - 10:00 a.m.	
Ct. 3	Basketball	Kurt Kinnamon - McPherson High School; All the Sets/Guarding Offensive Actions
Ct. 6	Football	Nick Anderson - Frankfort High School; Air Raid for 8-Player Football - A Simple but Effective Passing Game
Lobby	CPR/AED	CPR/AED Training
Ct. 1	Volleyball	Doug Schneider - Lindsborg-Smoky Valley High School; Something Old/Something New
Ct. 4	Wrestling	Jay Johnston - Basehor-Linwood High School; Building a Women's Wrestling Program
Session	3 - 11:00 a.m.	
Ct. 3	Basketball	Alex McConaghy - St. Mary's High School; <i>Coach to Official Forum</i> Josh Maike - Topeka Brennan Torgerson - Buhler
Ct. 6	Football	Derek Tuttle & Aren Coppoc - Andover Central High School; Jaguar Offense and Quarterback Play
Lobby	Mental Health	Traci Nigg - Wichita-Heights High School; Coach Beyond Program
		Anne Weese - Kansas State University; Coach Beyond Program
Ct. 5	Softball	Jeri Brummett - St. George-Rock Creek High School; KC Softball Session
Ct. 1	Volleyball	Shelly Duvall - Great Bend High School; The Coach/Athlete Relationship
Ct. 2	Track and Field	Rod Robinson - Manhattan High School; Building a Spring Program Through 400m Training
Ct. 4	Wrestling	Jason Puderbaugh - Basehor-Linwood High School; Essential Components to Building Your Program

Lunch - 12:00 p.m.

Open time to purchase lunch from food trucks or downtown businesses.

Session 4 - 1:00 p.m.

Ct. 3	Basketball	Matt Tinsley - Topeka-Seaman High School; Alignment & Assignment, Organizational Tips, and Special Situations
Ct. 6	Football	Brad Nicks - Abilene High School; Receiver Fundamentals: Including Blocking and Route Running
Ct. 5	Softball	Suzanne Unruh - Friends University; Friends University Softball
Ct. 2	Track and Field	Tommy Tryon - Washington County High School; Programming Practice To Peak When It Matters Most
Ct. 4	Wrestling	Andy Kenney - Phillipsburg High School; Top Position - Breakdowns To Tilts And Leg Rides

Session 5 - 2:00 p.m.

Ct. 3	Basketball	Bill Biermann - Goodland High School; Goodland Basketball
Ct. 5	Softball	Suzanne Unruh - Friends University; Friends University Softball
Ct. 2	Sports Nutrition	Abby Heidari - Kansas Beef Council; Nutrition for Athletes

Ct. 1 Volleyball Dr. Ken Murczek - Emporia State University; Building an Offense System Ct. 4 Wrestling Erik Wince - Fort Hays State University; FHSU Techniques (Men's Team)

Session 6 - 3:00 p.m.

Ct. 3	Basketball	Bob Fisher - Science of Shooting; Science of Shooting

Lobby Mental Health Traci Nigg - Wichita-Heights High School; Coach Beyond Program

Anne Weese - Kansas State University; Coach Beyond Program

Ct. 1 Volleyball

Dr. Ken Murczek - Emporia State University; On Court-Training Your Setter & Out Of System Offense

Ct. 4 Wrestling Alijah Jeffery - Fort Hays State University;

FHSU Techniques and Building the Program (Women's Team)

Session 7 - 4:00 p.m.

Ct. 6	Football Rules Meeting	Mark Lentz - KSHSAA
Ct. 1	Volleyball Rules Meeting	Sarah Smith - KSHSAA

Basketball



Paul Mills - Wichita State University

Paul Mills just finished his first season as the head coach of the Wichita State University men's basketball program. A 14-year veteran of the Baylor program under Scott Drew, Mills then lead a turnaround of the Oral Roberts program as head coach, taking ORU from a 8-22 record the year before he arrived to more than 30 wins and a birth in the Sweet 16. Mills and ORU fell 72-70 in the Sweet 16 to Arkansas in a tightly contested game. Mills was 67-28 over the last three seasons of his time with the Eagles. Mills graduated from Texas A&M and earned a master's degree from Dallas Theological Seminary.



Mark Johnson - Fort Hays State University

Mark Johnson, the all-time leader in program wins, is entering his 24th season as head coach of the Fort Hays State University men's basketball program. While winning more than 67% of games as head coach, Johnson's Tigers have appeared in eight NCAA Tournaments. FHSU led Division II allowing only 57.9 points per game last season, which ranked fifth in all NCAA Divisions. Johnson is a three-time conference coach of the year. Johnson served five years as an assistant before being named head coach in 2001. Johnson is a double graduate of Pittsburg State University where he twice earned all-conference honors.



Matt Tinsley - Topeka-Seaman High School

Last season, Matt Tinsley guided his alma mater and the number-four seed Topeka-Seaman girls to the program's first championship since 1991. The Vikings defeated Maize South 54-41 in the final and upset number one seed Andover 49-45 in the semifinals. For his effort, Tinsley was won three coach of the year honors last season, including 5A Coach of the Year. He has been named conference coach of the year four of the last five seasons. Tinsley spent one season as an assistant coach in the girls program after spending time in the boys middle school program. Tinsley was head boys basketball coach at St. Marys for three seasons and Jeff West for four seasons. He is a graduate of Washburn University where he was a member of the Ichabod's national runner-up team in 2001. Tinsley teaches business classes and drivers education at Seaman High School.



Kyle Porter - Silver Lake High School

A two-time state championship coach at two different schools, Holton native Kyle Porter has accumulated a number of honors in his coaching career. Along with his state championships at Royal Valley, and most recently Silver Lake, he has twice been named 3A Coach of the Year by multiple publications. He was recognized as the 2024 KSHSAA Covered All-Class Girls Coach of the Year. Last season, Porter's Eagles defeated Hesston 66-61 in the state final to cap a 26-0 season. Porter has led Silver Lake three seasons all which ended in the state tournament. The year prior to his arrival Silver Lake was eliminated in the first round of the state tournament. That four year stretch is the first time SLHS has been to the state tournament in four consecutive years. Porter holds degrees from Washburn University and Fort Hays State University and teaches history at Silver Lake.



Bob Fisher - Straight Shooter

Coach Bob Fisher has set 28 Guinness World Records in basketball shooting which include most free throws made blindfolded in one minute (22). Fisher has notably worked with the Boston Celtics organization. His success is due to his original science-based approach to shooting which is detailed in his book Straight Shooter that is available at secretsofshooting. com or on Amazon. Fisher has been profiled by the New York Times and appeared on The Jay Leno Show where he defeated Charles Barkley in a shooting contest 28-10. Fisher lives in Centralia with his wife Connie and is retired from the United States Department of Agriculture.



Kurt Kinnamon - McPherson High School

Kurt Kinnamon has coached in the state championship game in 13 of his 29 years at McPherson High School with his teams coming away with seven titles. McPherson has also advanced to the semifinals an additional five times under Kinnamon. Last season, Kinnamon's Bullpups claimed the 4A title in an incredible overtime game to cap an undefeated season. Kinnamon was named KSHSAA Covered All-Class Boys Coach of the Year. Kinnamon served as head coach at Canton-Galva from 1993-1995 prior to taking the reins of the McPherson program. From 1988-1993 he coached the McPherson freshmen team. The 23 time AVCTL Coach of the Year and seven-time KBCA Coach of the Year, Kinnamon is the McPherson Middle School Leadworthy teacher and is a graduate of Hutchinson Community College, McPherson College and Wichita State University.



Nick Perez - Junction City High School

Nick Perez is coming off an 18-3 season and a Centennial League championship in his seventh season leading the Junction City boys basketball program. Perez was named Centennial League Coach of the Year. Under his direction the Blue Jays advanced to the state tournament after winning sub-state in 2022-2023. In both seasons, Perez has been a nominee for Sports in Kansas 6A Coach of the Year. Perez spent a year as an assistant with the JCHS program prior to becoming the head coach. Perez, who coaches multiple sports has been a part of the basketball programs at Kiowa County, Solomon and Lakin and helped those programs to three league championships. Perez teaches physical education at JCHS and earned bachelor's degrees from Fort Hays State University, Emporia State University and a master's degree from Pittsburg State University.



Trey O'Neil - Hugoton High School

Hugoton boys coach Trey O'Neil has carved out his own path and lead teams to the state tournament including winning the 2023 Class 4A Boys State Championship. For his work in 2023, O'Neil was named KSHSAA Covered's boys state coach of the year as he led the Eagles to their first state title in program history. Hugoton appeared in the state championship game in March once again came up just short in an incredible overtime game. In three seasons at Hugoton, O'Neil has won 87% of his games, going 64-10. As a player, he was a three-time state champion at Scott Community High School playing for his father. Prior to taking the reigns at Hugoton, O'Neil helped Hays High School to the state tournament in both years he was an assistant coach. O'Neil is a graduate of Fort Hays State where he made 62 starts as part of the men's basketball team.

Basketball



Bill Biermann - Goodland High School

Goodland girls head coach Bill Biermann owns a record of 7-2 in the last three 3A state basketball tournaments including back-to-back state championships in 2022 and 2023. Biermann led the Cowgirls to 43 straight wins dating from 2022-2024. The 2022 state title was Goodland's first since 1980 and the 2023 team went 26-0, that being the only undefeated season in program history. He led the Wichita County boys program for six seasons before turning to administration. Taking over a team which won just one game prior to filling in as head coach for the 2018-2019 season only, Biermann has continued to lead the program and also leads the school district as the superintendent of Goodland schools.



Alex McConaghy - Officials Forum

Alex McConaghy has officiated basketball for 12 seasons. He has officiated in six state tournaments with four state championship games. The Beloit native earned a bachelor's degree from Kansas State University in 2008. McConaghy teaches social studies and an officiating class at St. Marys High School. In conjunction with his teaching, McConaghy also serves as the head track and field coach, head cross country coach and head scholars' bowl coach at St. Marys High School. He has been at St. Marys all 16 years of his teaching and coaching career.



Josh Maike - Officials Forum

Josh Maike has officiated football and basketball for 11 seasons. The Alma native received his bachelor's degree in Sports Management from Bethany College, where he played basketball. He is currently serving as the Recreation Superintendent for Shawnee County Parks and Recreation. His passion for sports has led him to base his career around recreation and athletics, working for 16 years with three of the largest parks and recreation departments in Kansas: Manhattan, Lawrence and Shawnee County. He also served for six years as an assistant high school basketball coach at his alma mater, Wabaunsee High School.



Brennan Torgerson - Officials Forum

Brennan Torgerson officiates basketball and football for the KSHAA and is a member of the 2024 Officials Advisory Committee. Torgerson, also an accomplished golf coach has coached multiple high schools to state team championships. Torgerson coached basketball for 25 years and entered the officiating world 10 years ago. He has loved the transition from coaching to officiating and enjoys staying directly involved with the KSHSAA. He teaches business classes and an officiating class at Buhler High School.

Dance - Spirit



Luise Maldonado - Varsity Spirit

Luise Maldonado, a Texas native, is a graduate of Sam Houston State University where she earned a B.A. in Dance. She is currently serving as Client Sales Engagement Specialist for Spotlight Events, Inc. In her career, Luise has earned many national titles as a dancer and coach with all-star, collegiate, high school, and studio teams. In 2018, she earned a World Championship at the USASF Dance Worlds with the Dancin' Bluebonnets Open Jazz Team. Luise' also serves as an NDA staff member for the last 12 years where she has been able to travel across the country and even to Rome in 2019 for the New Year's Day Parade. In 2020, she was awarded Top Head Instructor for the year and is grateful for the opportunities NDA continues to provide.



Macie Baucum - Varsity Spirit

Macie Baucum holds a Bachelor of Science in Mathematics and a Master of Science in Curriculum and Instruction. She has been involved in the dance team world for over 17 years. She has been choreographing and consulting regionally and nationally since 2008. Her routines have earned multiple top-five finishes at NDA and UDA nationals. For the past 12 years, she has traveled nationally and internationally with Universal Dance Association as a choreographer, judge, staff member, head camp instructor, and consultant. During this time, Macie has worked with over 7,000 dancers and coaches from all 50 states. She is currently a high school mathematics teacher and coaches a nationally ranked dance team in the Saint Louis area.

Cross Country/Track and Field



Dr. Jason McCullough - Fort Hays State University

Fort Hays State University track and field is known for coaching continuity. Dr. Jason McCullough is the latest coach to follow in the footsteps of legendary FHSU coaches. In his eight years leading the track and field programs, five Tigers have won national championships and 64 more have won All-American honors. McCullough has served as the head cross country coach for 20 seasons and has had multiple trips to the NCAA Division II national championships including an 18th place finish for the women in 2016. McCullough was named 2012 MIAA Coach of the Year after the Tiger men won their first ever MIAA championship. McCullough owns two bachelor's degrees, a master's degree and a doctorate, all from FHSU where he also works as an instructor in the Health and Human Performance department. McCullough still owns the 3000m school record at FHSU where he battled the best in the NCAA in the Rocky Mountain Athletic Conference. He was a NCAA All-American at FHSU.



Levi Huseman - Olathe North High School

Kansas joins Nebraska, Missouri, Minnesota, South Dakota and North Dakota in NFHS Section 5. Olathe North head track and field and cross country coach Levi Huseman has been recognized as the Section 5 Coach of the Year in 2018 and 2022. After two seasons as an assistant at North, Huseman was named head cross country coach in 2012 and head track and field coach in 2016. In that time, his teams have won four state championships, including his 2022 boys team which doubled up the second place finisher's point total. In cross country, his teams have combined for three state titles, two state runner-up finishes, and four 3rd place finishes. He guided Anjali Hocker Singh to four straight individual state cross country championships becoming only the seventh Kansan to accomplish that feat. Born in Lincoln, Nebraska and graduating from Tonganoxie (Kan.) High School, Huseman ran collegiately for the Kansas Jayhawks who finished in the top 20 at nationals twice while he was there. He teaches physics, chemistry, physical science and physical education at Olathe North.



Tommy Tryon - Washington County High School

The Washington County Tigers girls track and field teams have excelled the last two years on their way to back-to-back state 1A titles. Head coach Tommy Tryon was named KCCTFCA 1A Girls Coach of the Year on both occasions. The 2023 title was the first for Washington County since 1997. This season, Tryon coached three Tigers to a total of four individual state championships in three different disciplines. Washington County is a perennial 1A regional host, which Tryon plays a big role. The Valley Heights alum attended Cloud County Community College, Kansas State University and Grand Canyon University. Tryon has also completed Army Basic Training and Advanced Individual Training. Tryon is the head coach of Tiger football, girls basketball and powerlifting.



Zach Johnson - Olathe North High School

As many head coaches will tell you, quality assistant coaches are vital to build championship teams. Zach Johnson is one of those quality assistants that head coach Levi Huseman has relied upon to fill Eagle trophy cases. Coach Johnson started coaching track and field at Olathe North in 2017 and has been a part of three state championship teams (2021, 2022, 2023) and helped guide the boys and girls to state runner- up finishes. The Olathe East graduate earned a bachelor's degree from Kansas State University and a master's degree from Baker University, Johnson also coaches football and teaches geometry at Olathe North.



Rodney Robison - Manhattan High School

Manhattan High School sprint and hurdle coach Rodney Robison has seen tremendous success in the last few seasons. Hannah Pellant's wind legal time of 11.59 in the 100m dash, a new 6A state meet record and a 2021 boys team state championship are the proof. Both of Manhattan's teams placed in the top seven at the 2024 state meet and both were in the top five the previous year including a third-place trophy on the boys side. The Phillipsburg High School graduate, Robison moved to Manhattan in 2014 and serves as the Online Learning Coordinator for USD 383. Prior to making the move to Manhattan, Robison coached several sports at Phillipsburg Middle School and High School. Robison graduated from Dodge City Community College, Northwestern Oklahoma State University and Fort Hays State University.



Kelsey Talbott - Garden Plain High School

2023 KCCTFCCA 2A Girls Track and Field Coach of the Year Kelsey Talbott made an immediate splash when taking over the Garden Plain High School girls track and field program. Her team won a regional championship and a state title in her first year on the job. A year later, her team finished in the top 10 at state. The Norwich High School and University of Oklahoma graduate started her coaching career at Butler Community College before serving as the head track and field coach at Garden Plain Middle School for four years prior to taking the reigns of the Garden Plain High School program. Away from the track, Talbott is employed by Wichita Children's Home as the Foster Care Assistant Program Manager.

Football



Nick Anderson - Frankfort High School

Nick Anderson is a graduate of Frankfort High School and Kansas State University. Following his graduation from Kansas State University, he started teaching and coaching for the Frankfort school district. He has coached several different sports for the district and took over as the head football coach in 2016.

Coach Anderson's teams have won two regional championships with a career win total of 51. This past season, he led the team to a record of 9-3, with a Twin Valley League runner-up finish. With experience and success, the 2023 team threw for 2,156 yards and 34 touchdowns, with only three interceptions. Coach Anderson will speak about the Wildcat's quick passing game, drop back passing game, sprint passing game and their screen game.



Justin Burke - Clearwater High School

Justin Burke is a graduate of Jetmore High School and Bethany College. Following his graduation from Bethany College, he earned his master's degree from Kansas State University. He began his teaching and coaching career at Lincoln High School as an assistant coach. He has served as the head coach at Lincoln HS, Dodge City HS, Chaparral HS and took over in 2023 at Clearwater HS.

Coach Burke has a career record of 116-76, with five career regional championships. In addition, he has earned several league and area coach of the year honors in his career. Coach Burke is going to present about the importance of preparing for practice and how this corresponds to Clearwater football.



Michael Glatczak - Seneca-Nemaha Central High School

Michael Glatczak is a graduate of Centralia High School and Kansas University, where he was a member of the Jayhawk football team. Following his graduation from Kansas, he began his coaching career as an assistant at West Franklin High School, then at Axtell and Sabetha. In 2021, he took over as the head football coach at Nemaha Central High School in Seneca.

In his short career as a head coach, his program has a career record of 33-3, with two state championships. The 2023 team finished the season at 13-0. Winning back-to-back state championships has been an honor but getting 1% better everyday is the goal.



Josh Homolka - Ellsworth Jr./Sr. High School

Josh Homolka is a graduate of Claflin High School and Kansas University. Following his graduation from Kansas University, he worked as a graduate assistant at Pittsburg State University in 2004. After two years at PSU, he worked as an assistant at Dakota State University, Ottawa University and Northern Illinois University. In 2017, Coach Homolka took over as the head football coach at Ellsworth High School.

Coach Homolka has earned several coaching awards and championship winning programs. At Ellsworth, he earned a record of 34-31 with a regional championship. The 2023 team finished with a record of 9-2 and finished second in the NCAA Conference.



Brad Nicks - Abilene High School

Brad Nicks is a graduate of Rose Hill High School and Emporia State University. In 2000, he began teaching and coaching at Shawnee Heights High School, where he worked as an assistant football coach and head track and field coach. In 2020, he made the move to Abilene High School. At Abilene, he serves as the head football and track and field coach.

Since taking over at Abilene High School, his teams have seen a gradual improvement and have earned back-to-back home playoff games (2022 and 2023) and the team earned its first playoff win in more than 10 years this past season, with a final season record of 7-3.



Derek Tuttle - Andover Central High School

Derek Tuttle is a graduate of Grinnell High School and Kansas State University. Derek took over as the head football coach at Andover Central High School in 2019 after serving as an assistant coach from 2002-2018. Since taking over the program, his teams have earned 45 wins, four regional championships, and 3 sub-state championships. In 2023, the Jaguars finished as the Class 4A State runner-up. With the success of the program, Derek has earned multiple coaching honors that include Class 4A Coach of the Year, AVCTL Conference Coach of the Year and an opportunity to coach in the Kansas Shrine Bowl.



Aren Coppoc - Andover Central High School

Aren Coppoc is a graduate of Concordia High School and Sterling College. After starting his career at Tipton Catholic High School, Aren joined the staff at Andover Central in 2018 and serves as the offensive coordinator under Coach Tuttle. Aren also serves as the head track and field coach in the spring.

Together, the two coaches will present information related to the Andover Central Jaguar offense and how they develop the quarterbacks in their system.

Golf



Grady Pauls - Hesston High School

Grady Pauls serves as the boys golf coach at Hesston High School and is the former Director of Golf for Hesston Golf Course. He has led the Swather's golf team for 14 years, compiling eight trips to state as a team. In those eight trips, they have captured runner-up twice and recently won two state championships in 2022 and 2024. Pauls is a graduate of Hesston HS and attended Hutchinson Community College where he was standout for the Blue Dragon golf program before finishing up at Wichita State University.



Dustin Galyon - Friends University

Dustin Galyon just finished his third season as the Friends University Director of Golf and Men's Golf coach. It didn't take long for Galyon's impact to be felt, with the Falcons capturing last season's KCAC championship in just the program's second year back on campus by 19 strokes with an incredible -21 (279-281-288-283) final score. The Falcons' conference championship also helped the program clinch a berth at the NAIA National Championship event. Galyon also helped Gerardo Alemany win the conference individual title with a suddendeath victory on the second playoff hole. He is also the owner of Galyon LLC: Keynotes and Seminars, where he speaks and trains thousands on a yearly basis on topics such as discipleship leadership, motivation, college decisions and athletic leadership.



Rob VanDeCreek - Golf Professional, Golf USA

Rob VanDeCreek is the current store manager and head club fitter at Golf USA in Manhattan. Prior to Golf USA, VanDeCreek was the assistant golf professional at Salina Country Club for a total of 12 years where he was instrumental in developing The First Tee of Salina that began in 2015. In 2001, he became the first full time women's golf coach in Benedictine College history. Rob is a long time volunteer at the 4A State Basketball tournament, officiates high school basketball and provides public address at many events in and around Salina.



Charlie Pierce - Hutchinson High School

Charlie Pierce serves as the head golf coach for the boys' and girls' programs at Hutchinson High School. He is also the assistant bowling coach and teaches anatomy and physiology and pre IB Biology. Charlie guided the Salthawks to regional championships in 2002, 2003 and 2010. In 2005, the boys team won the class 6A State Championship with a score of 285. In 2010, the boys team took third in class 5A with a team score of 324 and in 2009 the team took second with a score of 293. In 2021, he coached Ty Atkins to a sixth-place finish in Class 6A. Charlie has been instrumental to the development of junior golf in Kansas for many years.

Health & Wellness



Abby Heidari - Kansas Beef Council

Abby Heidari is a registered dietitian-nutritionist with more than 19 years of expertise, currently based in the Kansas City metro area. Abby's focus lies in her private practice, where she's dedicated to supporting high school and club sports team coaches, athletes and parents in learning how to optimize performance through nutrition, fueling the whole plate one bite at a time. Driven by her passion for sharing evidence-based nutrition insights, Abby also serves as the Director of Nutrition for the Kansas Beef Council, leading initiatives like the Sports Nutrition Game Plan program, which offers valuable education resources to Kansas high schools, free of charge.

Abby's journey began with a bachelor of science degree in dietetics from Kansas State University, laying the foundation for a diverse career path. She has lent her expertise to roles such as a clinical dietitian for HCA Midwest Health and as a retail dietitian for Hy-Vee grocery stores. Additionally, she has contributed to community wellness as a Y Weight Management facilitator for the Greater Kansas City YMCA.

Committed to staying ahead of the latest trends and research, Abby is an active member of both the Academy of Nutrition and Dietetics' Sport and Human Performance Nutrition practice group and the Collegiate and Professional Sports Dietitians Association. With her dedication and expertise, Abby is making a tangible difference in the field of sports nutrition, one step at a time.

Follow Abby on Twitter and Instagram @wholeplaterd or make contact via email at wholeplaterd@gmail.com or abby@kansasbeef.org.



Traci Nigg - Wichita-Heights High School

Traci Nigg is the Athletic Director at Wichita-Heights High School. Among her many accomplishments, she was recognized as Social Worker of the Year in the USD 259 district in 2019. She also currently coaches girls soccer at her alma mater, Wichita North, and has coached both soccer and cross country at various Wichita high schools over the past several years. Nigg has also spent time working at Ohio State University in their LIFESports department developing high school coach training opportunities. She plays an instrumental role in the Wichita district in the continual development and implementation of interdisciplinary systems of support for athletic departments and mental health crisis response teams.

Nigg has a distinguished educational and training background with multiple degrees from Washburn University and a Master of Social Work from Wichita State. She has also presented at national conferences as well as produced published written work. She earned the role of team captain while playing soccer collegiately at Washburn, and currently plays for the semi-professional soccer team, Wichita Aero FC.



Anne Weese, Ph.D. - Kansas State University

Dr. Anne Weese is a native of Salina, KS where she attended Sacred Heart High School. She was a multi-sport, all-state athlete during her four years there. She played softball and basketball at Seward County Community College where her basketball team had a combined record of 72-1 and won a National Championship. She completed her college career at the University of Notre Dame where she played on two Sweet Sixteen basketball teams for head coach Muffet McGraw. Dr. Weese graduated from Oklahoma State University with her master's degree in Community Counseling and a doctorate in Counseling Psychology. In her current role as the Director of Mental Wellness & Sport Psychology for K-State Athletics, and as a Licensed Psychologist, she serves the mental, emotional and performance needs of the Wildcats. She utilizes Cognitive Behavioral Therapy, Biofeedback, ACT and Mindfulness in her work supporting the K-State student-athletes.

Softball



Kristi Bredbenner - Wichita State University

Kristi Bredbenner just finished her 13th season as the Wichita State head softball coach in 2024. To date, Bredbenner has led the Shockers to five NCAA Regional appearances (2016, 2018, 2021, 2022, 2023) including the only NCAA Regional Final appearances in school history (2018, 2021). Bredbenner led Wichita State to the program's fourth regular season conference championship in 2023, and the program's second in the American Athletic Conference. Bredbenner is responsible for two of the program's three conference tournament championships in 2016 and 2021. The 2023 campaign was another one for the record books. Wichita State won 44 games, the second most in school history, defeated three Top 10 teams, including wins over No. 2 Oklahoma State in Wichita and No. 3 Oklahoma State in Stillwater and saw the Shockers reach the Top 20 in all four major polls for the first time in program history. Wichita State's victories over the Cowgirls marked the highest ranked wins in school history. On April 24, 2022, Bredbenner became Wichita State's all-time winningest coach when she recorded her 314th career win.



Jeri Brummett - St. George-Rock Creek High School/KCA

Jeri Brummett is the head softball coach at Rock Creek coming off a state tournament appearance in Class 4A. Coach Brummett is also the president of the KCA and the softball liaison. Coaches are encouraged to attend this session to discuss KCA items and other softball topics.



Suzanne Unruh - Friends University

Suzanne Unruh just finished her sixth season as head coach of the Friends University softball program and is in her third year as the Senior Women's Leader. In 2023, Unruh guided the Falcons to a second-place KCAC finish while overseeing a historic offensive explosion that featured the Falcons as one of the top slugging teams in the nation. The Falcons ranked second in the NAIA with a school record 48 homers and also tied for second in RBIs (338) while finishing third in runs (367), fourth in on-base-percentage (.427), seventh in slugging percentage (.524) and ninth in hits (474). For the 2022 season, Unruh and the Falcons won their second KCAC tournament championship in the past four years which resulted in their second NAIA National Tournament appearance during that same stretch. The Falcons enjoyed their now trademark second-half surge last season, winning 17 of 20 games heading into the NAIA tourney that was highlighted by a 5-1 mark at the KCAC tournament. Friends then knocked off top-seeded and No. 3-ranked Freed-Hardeman University for their first victory in the NAIA opening round since 2013.

Volleyball



Chris Lamb - Wichita State University

Head coach Chris Lamb finished his 24th season leading the Wichita State volleyball program in 2023. He has led the Shockers to at least 20 wins in 15 out of the last 20 seasons, and was the National Coach of the Year by Volleyball Magazine in 2017. Lamb's career record is 482-228 (as of 2022), which leads all active American Athletic Conference coaches in career wins.

In 2022, Lamb led the Shockers back to the postseason for the first time since 2017, as Wichita State qualified for the NIVC postseason tournament and finished with an 18-13 record.

WSU won the American Athletic Conference regular-season title with a perfect 20-0 record in the inaugural season in the conference and finished 29-4 overall in 2017. The Shockers earned the No. 16 overall seed in the NCAA Tournament and hosted the first and second round for the first time in school history. Lamb also earned AVCA North Region Coach of the Year and American Athletic Conference Coach of the Year honors.

Lamb guided the 2016 team to another NCAA Tournament and won the fourth MVC Tournament title in school history. The 2015 team advanced to the second round of the NCAA Tournament before falling to eventual national champion Nebraska. Lamb led the Shockers to their sixth Missouri Valley Conference regular-season title and third Valley Tournament title.

In 2013, the Shockers won their fifth Missouri Valley Conference regular-season title and second Valley Tournament title. The team competed in the NCAA Tournament for the seventh-straight season. In 2012, he helped the Shockers to the first Sweet 16 in school history. WSU finished the season 24-10 overall and 13-5 in the Missouri Valley Conference.

He helped lead the Shockers to a historic season in 2004 as WSU won its first Missouri Valley Conference regular-season title and Valley Tournament title. The team also won its first-ever NCAA Tournament match in its first-ever appearance.

Lamb has also been active working for the Junior Olympics All-American selection committee and as a coach for both the USA Olympic Festival tryouts and the USA Junior Elite tryouts.

Lamb has five years playing experience, having played for Club Sportswear in the San Francisco Bay Area League from 1992-94 and the Sonoma State club team from 1989-93. Lamb is a 1998 graduate of Sonoma State with a bachelor's degree in Kinesiology.



Kevin Bordewick - Topeka-Washburn Rural High School

With a total of 1058 career wins, Kevin Bordewick is one of the most notable coaches in Kansas. Washburn Rural has qualified for state in 25 of Bordewick's 29 seasons, made the Final Four 21 times and has won the title eight times. He has been named 6A Coach of the Year eight times and KCA Coach of the Year twice. In 2016, he was inducted into the KVA Hall of Fame. In 2020, he was named NFHS National Coach of the Year. In addition to 29 years of success as Washburn Rural's head volleyball coach, he has been the head girls' basketball coach for 15 years, winning two state titles. Bordewick earned his bachelor's degree at Kansas State University and his master's degree in administration at Emporia State.

Volleyball



Dr. Ken Murczek - Emporia State University

Head coach Ken Murczek, a coach with a record of turning programs around at all levels, is the eighth head volleyball coach in Emporia State history and completed his first season at Emporia State in 2023. In his first season with the Hornets, Murczek went 13-16 overall and 7-13 in the MIAA, improving the overall record from 4-25 and the MIAA record from 1-19 in the previous season. In addition to the increased win total, the Hornets made their first MIAA Tournament appearance since the 2018 season.

Prior to arriving at Emporia State, Murczek completed his third season at Oregon Tech where he went 51-27 with a trip to the NAIA National Tournament in 2021. He took Oregon Tech to the NAIA National Tournament for the first time in school history in 2021. The year ended with a school record for single season wins on the way to a #21 final ranking in the 2021 NAIA Coaches Poll. The Owls received two All-American and seven All-Cascade Conference honors in his three years.

Prior to Oregon Tech he spent three seasons as the assistant coach at his alma mater San Diego State University. He was the head men's coach at the University of Charleston and tripled their win total from the previous season. Murczek served as the head women's coach at Wake Forest from 2013-15 and in his first season saw a five win increase from the year before. Wake Forest was 29-9 outside the ACC during his three seasons.

No stranger to the Sunflower State Murczek was an assistant at Kansas from 2008-09. The Jayhawks improved their NCAA RPI ranking from 112th to 53rd in his two seasons. Nine of KU's 20 Big 12 matches in 2009 were against Top 25 teams including a 3-1 win over then #21 Baylor.

He began his collegiate coaching career at Cuyamaca College in San Diego, Calif. where he led the team to their first conference tournament bid in school history.

In addition to his coaching resume, Murczek has enjoyed success as a player at all levels. He began his collegiate volleyball career at Lewis University before transferring to Division I San Diego State, where his team received top 15 votes during his senior season. Murczek finished ranked fifth in the country in digs per game. After college, Murczek played four seasons of professional six person indoor volleyball in Switzerland, Germany, France, and Indonesia.

The Chicago native earned a degree in kinesiology from San Diego State University before going on to earn a master's degree in teaching and teacher education from the University of Arizona. He also holds a masters in sports management from Western Michigan in 2007. And earned his doctorate in kinesiology from the University of North Carolina-Greensboro in 2019.



Christy Doile - McPherson High School

During Christy Doile's 17-year tenure at McPherson High School (2006-present), she has coached her team to McPherson's only state volleyball title in 2012. Along with the state title, Doile earned 4A Coach of the Year. Before accepting the head coaching role, Doile served as the assistant volleyball coach (2000-2005) and the head softball coach (2001-2007) at McPherson. Doile has 10 Sub-State titles, 547 wins and a 2023 4A State Runner-up finish under her belt. Her most recent accolade includes KCA Coach of the Year in 2023. Doile attended Cloud County Community College where she was a two-sport athlete in volleyball and softball. She completed her bachelor's degree in secondary education (Science and P.E.) at Emporia State University where she continued playing softball and then received her master's degree in curriculum and instruction from Wichita State University.



Shelly Duvall - Great Bend High School

Although newer to the head coaching scene, Shelly Duvall has already made an impact. Duvall served as the head coach at her alma mater, Ellinwood High School, in 2016 and 2017 before transitioning to her current home, Great Bend High School in 2018. In years since, she has already earned Western Athletic Conference Coach of the Year 3 times (2019, 2020, 2023) and coached her team to state in 2020. This most recent season, her team finished as the Western Athletic Conference champions with a 31-5 record. After graduating from Ellinwood High School, Duvall earned her associate's degree at Barton County Community College and her bachelor's degree in music education at Fort Hays State.



Sarah Johnson - Silver Lake High School

On the edge of 500 career wins with 493, Sarah Johnson is a well-known presence in high school volleyball. Johnson has served as the Silver Lake head coach since 2008, winning four state titles in 2013, 2014, 2016 and 2018. Additionally, her teams qualified for state eight years in a row (2012-2019). Her 2023 team finished 3rd at state. She has been named KVA Coach of the Year three times (2013, 2014, 2018) and KCA Coach of the Year in 2017. Johnson graduated from Salina-Sacred Heart in 2001. She then earned her associate degree from Johnson County Community College, her bachelor's degree from Emporia State University, and her master's degree in curriculum and instruction from Baker University.



Rick Moyer - Montezuma-South Gray High School

Rick Moyer began his career in high school volleyball at South Gray High School in 2019. Moyer already has 121 career wins and a state appearance. His 2023 team finished as regular-season and SPIAA league tournament champions, had a 41-3 overall record, and finished as state runner-up. After graduating from Pennridge High School, Moyer attended Eastern Mennonite University.



Doug Schneider - Lindsborg-Smoky Valley High School

Outside of teaching language arts at Smoky Valley High School, Doug Schneider is a highly decorated coach. Schneider began his career at Marion High School in 1995, but quickly found his home at Smoky Valley High School in 1997. Schneider's head coaching career started in 2004 as the volleyball coach. In 2011, Schneider accepted the head boys' basketball coach position. In 2022, he returned as the head volleyball coach at Smoky Valley. In 2023, he led Smoky Valley to the 3A State Tournament, placing second. Schneider attended Seward County Community College. He completed his bachelor's degree in English education at Bethel College and master's degree in sports administration at Wichita State University.

Wrestling



Alijah Jeffery - Fort Hays State University (Women)

Alijah Jeffery was named the first women's wrestling coach in program history in March 2023.

Jeffery joined the Tiger family after two years (2021-23) as head women's wrestling coach at Chadron State College in Chadron, Neb. Without a full year to recruit a team for a new sport at Chadron State, Jeffery quickly constructed a competitive team of eight wrestlers in the program's first year, coaching four that qualified for the NCWWC National Championship and five to Scholar All-America honors. In his second year, he brought in a big recruiting class of 21 individuals to the program and once again coached four national qualifiers. One of those national qualifiers in 2022-23 was a regional champion. Jeffery also served as the Nebraska Freestyle National Team Coach during his time at Chadron State.

Prior to his head coaching stint at Chadron State, Jeffery served as an assistant coach for both men's and women's wrestling at Indian Hills Community College in Centerville, Iowa. He helped coach the women's program to its first junior college national championship in 2021 before moving on to be head coach of the new women's program at Chadron State. He helped start the run of what has turned into three-straight junior college national titles for Indian Hills (2021-2023) and helped coach three wrestlers to individual national titles and 11 to All-American status during the 2020-21 season. Jeffery was hired in December of 2019 at Indian Hills and worked alongside head coach Cole Spree in the spring of 2020 to recruit the school's first women's wrestling team, which started competition in 2020-21 and went on to win the junior college national tournament and national dual titles that season.

Jeffery wrestled collegiately at Northern Illinois University, where he was in the starting lineup all four years. He was a state champion and four-time state placer in high school, as well as a USA Folkstyle national champion and a Fargo Freestyle Nationals All-American. A native of Marion, Iowa, Jeffery earned his bachelor's degree from Northern Illinois University and is currently working on his master's degree at Chadron State College.



Jay Johnston - Basehor-Linwood High School (Women)

Jay Johnston is a graduate of Leavenworth High School and Missouri Valley College. After graduating from Missouri Valley, Jay worked as an assistant coach at Warsaw High School in Missouri, followed by nine years at Leavenworth High School. In 2018, Jay moved to Basehor-Linwood High School and became the first women's coach at the school.

Jay has earned several coaching honors from the United Kansas Conference, Kansas Coaches Association and the Kansas Wrestling Coaches Association. In addition, Jay serves as the NWCA Kansas Girls Wrestling Representative.

The presentation will cover building a women's wrestling program from the ground up with the club, middle school and high school.



Andy Kenney - Phillipsburg High School

Andy Kenney is a graduate of Phillipsburg High School and Fort Hays State University. Following graduation from Fort Hays, Andy served as an assistant coach at Salina South High School from 1998-2000. Then in 2007, Andy took a position as assistant coach at his alma mater, Phillipsburg, and served in this position until 2016. Then he took over the head coaching position.

Coach Kenney's teams have 47 dual wins in his 8 seasons, and his team finished the 2023-24 season with a 3rd place finish in the MCL and a Class 3-2-1A 4th place finish at the state tournament. His presentation will cover the top position breakdowns into tilts, leg rides and turns to pinning combinations.



Erik Wince - Fort Hays State University (Men)

Erik Wince entered his fourth year as head coach of the Fort Hays State men's wrestling program last year. Wince came to FHSU from NCAA Division I affiliate American University in Washington D.C., where he served as assistant coach in 2019-20. Prior to that, he was head coach at Greensboro College, a Division III program in Greensboro, N.C., for four years.

In his first 3 years at Fort Hays State, Wince has coached four student-athletes to five All-American performances in A.J. Cooper (285 pounds, 2021 and 2022), Marty Verhaeghe (184 pounds, 2022), Tereus Henry (197 pounds, 2023) and Cade Lindsey (174 pounds, 2023). His wrestlers have picked up five All-MIAA honors over the last three seasons. Wince guided the Tigers to 10 dual wins over his first 3 seasons, including four wins over nationally ranked teams. He has coached 15 NWCA scholar All-America selections, 46 MIAA Academic Honor Roll honorees, five MIAA Academic Excellence Award recipients, three MIAA Scholar-Athlete Award winners and two CSC Academic All-District honorees.

In 2019-20, Wince helped American University produce four national qualifiers for the NCAA Division I championships. Three of the four held national rankings entering the championships, which ultimately were canceled due to the COVID-19 pandemic. Two of the wrestlers earned All-American Honorable Mention status by the NWCA following the season, while three members of the team earned NWCA Scholar All-American honors. The program was strong academically, producing a team GPA of 3.55, which was second highest among NCAA Division I programs. At American University he assisted head coach Teague Moore, who has built a strong program athletically and academically for nearly a decade.

Wince was the first head coach in the history of the Greensboro College wrestling program, which began in 2015-16. In his four years of building Greensboro's program, Wince coached one All-American, three conference champions and multiple academic all-conference performers and individually ranked wrestlers.

Before beginning his head coaching journey, Wince served two assistant coaching stints at Davidson College in N.C. from 2005-2008 and 2012-2015. The pair of three-year stints as an assistant at Davidson bookended a four-year role as head coach of the Forsyth County Day School, a prep school in Lewisville, N.C. During his second stint at Davidson, Wince helped the program produce four NCAA national qualifiers. At Forsyth County Day School, he coached two national prep All-Americans, multiple individual state champions and led the program to three consecutive team state championships. While serving at Forsyth, Wince was named the Piedmont Athletic Conference of Independent Schools (PACIS) Wrestling Coach of the Year.

Wince is a native of Lattimore, N.C. He and his wife Hannah, who is a native of Wilson, Kan., have two daughters, Kersee and Sydney. Wince is the 14th head coach in the history of the men's wrestling program at FHSU.



Jason Puderbaugh - Basehor-Linwood High School (Men)

Jason Puderbaugh is a graduate of Seaman High School in Topeka and Washburn University. Jason's coaching career began at Royal Valley High School, where he spent six years coaching the middle school and high school programs. He left Royal Valley to take over the program at Basehor-Linwood, where he will start his seventh year coaching the men's wrestling team.

Over his 13 seasons as a head coach and 18 seasons of high school coaching, he has earned 111 dual victories, coached two state champions, 22 state medalists and 73 state qualifiers.

Kansas Coaches Association

Coaches may join the KCA at the KCA registration table during the Kansas Coaching School. Membership includes membership in the National Federation Coaches Association. KCA membership fee includes: NFCA dues (which includes liability insurance) and KCA dues.

The Kansas Coaches Association is continuing to grow, with over 800 members. We encourage you to join or renew your membership in the Kansas Coaches Association. The membership fee of \$20 enrolls you as a member in the state and two national organizations, as well as providing you with some liability insurance. There are several reasons why your membership is valuable:

- KCA has annual input to the KSHSAA on rule revision.
- An online subscription to the National Federation Coaches Quarterly http://www.nfhs.org/hstoday.
- Awards programs recognizing Kansas coaches at state and national levels.
- Involvement on 16 national high school sport playing rules committees.
- Outstanding coaching education programs like NFCA.

KCA Membership

You can also go to https://sites.google.com/view/kca-membership/home to register online, find the mail-in membership form and for KCA membership information.

Membership Request for the Kansas Coaches Association	on (KCA)	
Name:		— k •
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National Federation of High Schools 2022-23 Kansas Coaches of the Year

The National Federation Coaches Association (NFCA) has recognized the following Kansas coaches for 2022-23 as NFHS State of Kansas Coaches of the Year award winners. These coaches are recognized for their professionalism, leadership and years of service to Kansas youth. In addition, the coaches listed below with an *asterisk were honored as NFHS Section 5 award winners. These 11 Kansas coaches were selected as Coaches of the Year from Section 5 of the National Federation of High School Associations which includes Kansas, Minnesota, Missouri, Nebraska, North Dakota and South Dakota.

Boys Cross Country - Tricia Beaham, Shawnee Mission East High School

Girls Cross Country - Jim Barnard, Eudora High School

11-Player Football - Michael Glatczak, Seneca-Nemaha Central High School

8-Player Football - Eric Detweiler, Axtell High School

6-Player Football - Lance McGuire, Cunningham High School

Girls Golf - Richard B. Eckert, Emporia High School

**** Boys Soccer - Rey David Ramirez-Alvarez, Maize South High School

** Girls Tennis - Janet Glaser, Andover Central High School

Volleyball - Sandy Arnold, Hillsboro High School

Boys Basketball - Martin Shetlar, Andover High School

** Girls Basketball - Ann Fritz, OP-Blue Valley North High School

Bowling - Jo Ricard, Topeka-Washburn Rural High School

Boys Swimming and Diving - Kamren Hall, Wichita Collegiate/The Independent High School

Boys Wrestling - Michael Porsch, Hoxie High School

Girls Wrestling - Nick Nothern, Chanute High School

Baseball - Joe Allison, OP-Blue Valley West High School

** Boys Golf - Mark Berger, Wichita-Bishop Carroll High School

Girls Soccer - Dan Brown, OP-St. Thomas Aquinas High School

** Softball - Ballard Patterson, McLouth High School

** Girls Swimming and Diving - Annette McDonald, Lawrence-Free State High School

** Boys Tennis - Gavin Webster, Independence High School

** Boys Track and Field - Levi Huseman, Olathe North High School

Girls Track and Field - Tyler Ryan, Andale High School

Boys JH/Middle School - Jay Kearn, Washington County Jr./Sr. High School

Girls JH/Middle School - Elissa D. Moore, Ellinwood Middle School

Cheer - Desirae Moreno, Andover Central High School

Dance - Tara Yantis, OP-St. Thomas Aquinas High School

**** National Coach of the Year

** Section 5 Coach of the Year

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North Central

Big East Centennial North Central North Centrall AA North East Pioneer United Kansas

Flint hills **Lyon County** NCKL Wheat State Twin Valley

East/Southeast

West

Sunflower Eastern KS Kaw Valley Three River

Meadowlark **Frontier** CNC Southeast



Scott Paske spaske@kshsaa.org c: 316-619-2113



Rick Peterson Jr. rpeterson@kshsaa.org c: 785-221-4518

South Central

AVCTL I-IV Central Plains Heart of America **South Central Border**

Central Kansas Greater Wichita Heart of the Plains Tri-Valley

Central Prairie Hi-Plains Northern Plains Sante Fe Trail

WAC

GWAC Mid-Continent Northwest SPIAA **West KS Liberty**

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