

2023 COACHING SCHOOL SCHEDULE

Monday, July 31, 2023

<u>Session</u>	<u>Time</u>	<u>Room</u>	<u>Activity</u>	<u>Presenter</u>	<u>Topic</u>
1	9:00am	SU	Opening General Session	Tiffany and Tyler Patmon	Creating Championship Culture
2	10:30am	SU	Football	Drew Dallas - Hutchinson CC	Multiplicity While Keeping it Simple (Variation and QB Play)
2		E	Basketball	Robert Brown - Highland Park HS	Relationship Between Coach and Player for Team Culture
2		SH	Volleyball	Dave Johnson - Blue Valley HS	Culture and the Craziiness
2		P	Track and Field	DeJuan Gardenhire - Topeka Hayden HS	Sprint Training
2		W	CPR/Sports Medicine	CPR CLASS	
2		B	Soccer	Saul Hernandez - Dodge City HS	Strategies for Successful High School Tryouts & NFHS Rules Committee Q&A
2		H	Baseball	Bob Fornelli - Pittsburg State Univ.	Consistency and Trust
2		E-4	Spirit (Cheer)	Jennifer Armstrong - Varsity Spirit	Creating Future Leaders
3	11:30am	SU	Football	Dominick Dingle - Wichita Heights HS	TBD
3		E	Basketball	Lora Westling - Washburn University	Transition Defense into halfcourt pressure
3		SH	Volleyball	Jen Gomez - Pittsburg State University	Blocking: Training and Progressions
3		P	Track and Field	Jim Vahrenkamp - Univ. of N. Dakota	Developing Speed in the Sprints/Jumps/Middle Distance
3		B	Soccer	Nate Huppe - Bishop Miege HS	Transition Drills
3		H	Baseball	Bob Fornelli - Pittsburg State Univ.	Do the Little Things
3		R	Golf	Chris Wallace - Mill Valley HS	Program Development with Limited Experience
3		E-4	Spirit (Cheer)	Courtney Mai Smith - Varsity Spirit	Everything Gameday for your Team
4	12:30pm	SU	Football	Logan Pegram - Silver Lake HS	Utilizing the spread offense to maximize your best athletes
4		E	Basketball	Lora Westling - Washburn University	Connection Coaching - Avoiding the copy and paste.
4		SH	Mental Health	Traci Nigg - Wichita USD #259	Coaching for the Love of the Game
4		P	Track and Field	Jim Vahrenkamp - Univ. of N. Dakota	Hurdles - Practice for Perfection
4		B	Soccer	Bryan Sailer - Emporia State Univ.	Corner Kicks and Set Pieces
4		H	Baseball	Zach Harris - Bishop Ward HS	TBD
4		R	Golf	Gene Rundus - Concordia HS	So What? To Hot Shot!
5	1:30pm	SU	Football	Brit Dewey - Silver Lake HS	Defensive Back Drill Progressions
5		E	Basketball	Josh Gooch - Greeley County HS	Pre-Practice Routines/Workouts
5		SH	Volleyball	Jen Gomez - Pittsburg State Univ.	TBD
5		P	Cross Country	Kelsey Carbajo - Olathe West HS	Olathe West XC Training and Team Culture
5		B	Soccer	Bryan Sailer - Emporia State Univ.	How to play in your opponents half
5		H	Softball	Shawn Woods - Oklahoma Wesleyan	Recruiting 101
5		R	Golf	Michael Grove - Olathe Northwest HS	Keys to Building a Successful High School Golf Program at any level
5		E-4	Spirit (Cheer)	Jennifer Armstrong - Varsity Spirit	Working with Administration for a Successful Year
6	2:30pm	SU	Strength and Conditioning	Roger Allen III - KU Health Systems	Building Athletes that Last (Off-Season)
6		E	Basketball	Kristin Wiebe - Berean Academy HS	Being an intentional coach: Players, Practices, and Culture
6		SH	Volleyball	Gina Peek - Lebo HS	Developing a program: Skills, Drills, and Adaptation
6		P	Track and Field	Jim Vahrenkamp - Univ. of N. Dakota	Horizontal Jumps - Setting up the approach and take off
6		W	CPR/Sports Medicine	CPR Class	
6		H	Softball	Shawn Woods - Oklahoma Wesleyan	Team/Program Culture
6		E-4	Spirit (Cheer)	Courtney Mai Smith - Varsity Spirit	Gameday From the Judges Eyes
7	3:30pm	SU	Strength and Conditioning	Roger Allen III - KU Health Systems	Building Athletes that Last (In-Season)
7		P	Track and Field	Mark Breault - Cloud CC	Pole Vault techniques
7		B	Soccer	Jason Pendleton - Mill Valley HS	Training & Recovery
7		H	Softball	Corey Katzer - Spring Hill HS	Nonnegotiables And Roles for Your Assistants
7		E-4	Spirit (Cheer)	Jason Sack - Varsity Spirit	Gameday Choreography and Common Mistakes
8	4:30pm	B	Soccer Rules Meeting	Rod Garman - KSHSAA	Rules Meeting
		E-4	Spirit Rules Meeting	Craig Manteuffel - KSHSAA	Safety and Rules Meeting

Tuesday, August 1, 2023

9	9:00am	SH	KCA Open Business Meeting	Kansas Coaches Association	
9	9:00am	W	CPR/Sports Medicine	CPR Class	
10	10:00am	SU	Basketball	Craig Doty - Emporia State University	ESU Basketball
10		E	Football	Taylor Bauman - Nickerson HS	It's about more than football
10		SH	Volleyball	Kaylie Bergkamp - Andale HS	Skills and Development
10		P	Track And Field / XC	Eric Carroll - Wichita Trinity HS	Developing High School Distance Runners
10		R	Wrestling	Shawn Bammes - Manhattan HS	Coaching without yelling
10		H	Baseball	James Denton - Junction City HS	Junction City Baseball
11	11:00am	SU	Basketball	Craig Doty - Emporia State University	ESU Basketball
11		E	Football	Greg Slade - Newton HS	Changing Culture with Positive Leadership!
11		SH	Volleyball	Ray Bechard - Kansas University	KU Volleyball
11		P	Track and Field	Lyles Lashley - Great Bend HS	Training a 300m Hurdler
11		R	Wrestling	Rylee Hackman - Basehor-Linwood HS	Social Media, graphic designs, and training student managers

11		H	Baseball	Corey Schrack - Gardner/Edgerton HS	Throwing Drills for infielders, Baserunning Drills, Turning Double Plays
11		B	Sports Medicine	Heather Patterson - Emporia HS	Emergency Action Planning and Rehearsals
12	12:00pm	SU	Basketball	Mike Williams - Highland Park HS	Gap & No-Middle Defensive Strategies, Concepts of Defending
12		E	Football	Lance McGuire - Cunningham HS	Demystifying 6-man: Real football for small communities
12		SH	Volleyball	Ray Bechard - Kansas University	KU Volleyball
12		P	Track and Field	Casey Seyfert - Beloit HS	Alternative approaches to the rotational throws
12		R	Wrestling	Nick Nothern - Chanute HS	Fundamentals of Chain Wrestling
12		H	Baseball	Heath Gerstner - McPherson HS	Creating a Championship Pitching Staff
13	1:00pm	SU	Basketball	Mike Williams - Highland Park HS	Man to Man Offensive Concepts, Actions & Playing in Space
13		E	Football	John Black - KC Piper HS	Multiple ways to run the Counter
13		P	Track and Field	Garrett Daugherty - Meade HS	5 L's of the High Jump
13		H	Softball	Jay Monhollon - Topeka Seaman HS	Seaman Softball Philosophy
13		R	Wrestling	Andy Albright - Frontenac HS	Out Hustling your opponent with their hand on the mat
13		B	Sports Medicine	Heather Patterson - Emporia HS	Emergency Action Planning and Rehearsals
14	2:00pm	SU	Basketball	Brett Flory - Derby HS	Building a pressure system and program culture
14		E	Football	Garrett Hiebert - Goessel HS	QB Run Game and Complementary Plays
14		SH	Volleyball	Crystal Ratcliff - Flint Hills HS	Focus and Intensity
14		P	Track and Field	Corey Wurtz - Mill Valley HS	Practical Javelin
14		H	Softball	Jeri Brummet - Rock Creek HS	KCA Softball Discussion
14		R	Wrestling	Andy Albright - Frontenac HS	Competing with Grief
15	3:00pm	SU	General	Rick Keltner - Hays, KS	Taking the Crazy out of Youth Sports: The P.E.A.C.E. process.
15		SH	Volleyball	Sandy Arnold - Hillsboro HS	Drills that Bore, but do the Chore!
15		P	Track and Field	Scott Petersen - Topeka Seaman HS	Shot Put Glide Technique Teaching Progression, Drills, and Cues
15		R	Wrestling	Derrick Budke - Chase County HS	Chase County Wrestling
16	4:00pm	SU	Football Rules Meeting	Mark Lentz - KSHSAA	Rules Meeting
16		SH	Volleyball Rules Meeting	Sarah Smith - KSHSAA	Rules Meeting