



90th KSHSAA Coaching School

BUILDING THE FOUNDATION

August 5-6, 2024 | Salina Fieldhouse

Coaches -

Kick off your 2024-25 school year at the KSHSAA Coaching School, one of the most comprehensive coaching clinics in Kansas. Whether you coach one sport or multiple sports, whether you're from a small school or a large school, there is something for you. Learn and network with your coaching peers and connect with friends from across the state!

TWO DAYS OF LEARNING AND DEVELOPMENT FOR ONLY \$90!

Conference Highlights

Sessions Offered:

- Basketball, Bowling, Cross Country, Football, Golf, Softball, Spirit, Track & Field, Volleyball, Wrestling
- General sessions will be offered, covering Nutrition, Mental Health and Strength & Conditioning

Rules Meetings Opportunities – Complete your rules meeting requirement at the conference!

- August 5 at 4:00 p.m. - Spirit Coaches/Sponsors
- August 6 at 4:00 p.m. - Volleyball and Football Coaches

CPR/AED Certification Classes Available!

For just \$10 coaches can get **certified** in CPR/AED. Sign-up available during online registration.

REGISTER ONLINE TODAY at www.kshsaa.org

School administrators can login to the KSHSAA website and click on the Coaching School link at the top of the page to register coaches. Coaches may also register themselves at <https://gofan.co/app/school/KSHSAA>.

Conference Schedule

**Schedule as of 6/18/2024; schedule is subject to change*

MONDAY, AUGUST 5, 2024

Registration at 7:30 a.m. in Salina Fieldhouse Lobby

Activity	Presenter -- Topic
Session 1 - 9:00 a.m.	
Basketball	Paul Mills, Wichita State University -- <i>Passing and Spacing</i>
CPR/AED	CPR/AED Training Session
Football	TBD
Golf	Charlie Pierce, Hutchinson HS -- TBD
Spirit (Dance)	Luise Maldonado, Houston, TX -- <i>Creating Team Culture and Brand</i>
Volleyball	Christy Doile, McPherson HS -- <i>The Bullpup Way</i>
Session 2 - 10:00 a.m.	
Basketball	Kyle Porter, Silver Lake HS -- <i>Power Questions: 20 Questions for High School Program Building</i>
Football	Michael Glatczak, Seneca-Nemaha Central HS -- <i>Gap/Zone Schemes W/RPO</i>
Golf	Rob VanDeCreek, Golf USA, Manhattan -- <i>Teaching Principles</i>
Spirit (Dance)	Macie Baucum, Saint Charles, MO -- <i>Coaching Style Revamp: Instructing Gen-Z Athletes Post Pandemic</i>
Track and Field	Jason McCullough, Fort Hays State University -- <i>Tempo and Threshold Training</i>
Volleyball	Chris Lamb, Wichita State University -- <i>WSU Volleyball</i>

Activity**Presenter -- Topic****Session 3 - 11:00 a.m.**

Basketball	Nick Perez, Junction City HS -- <i>How We Practice</i>
Football	Justin Burke, Clearwater HS -- <i>Practice Plans/Indian Football</i>
Golf	Rob VanDeCreek, Golf USA, Manhattan -- <i>Coaching Techniques</i>
Spirit (Dance)	Luise Maldonado, Houston, TX -- <i>Utilizing Strength Training in Warm Up</i>
Track and Field	Jason McCullough, Fort Hays State University -- <i>Strength Training and Drills for Distance Runners</i>
Volleyball	Chris Lamb, Wichita State University -- <i>WSU/How Can I Help You?</i>

LUNCH - 12:00 p.m. - Open time to purchase lunch from food trucks or downtown businesses*Session 4 - 1:00 p.m.**

Basketball	Mark Johnson, Fort Hays State University -- <i>FHSU Half Court Defense and Drills</i>
Football	Josh Homolka, Ellsworth HS -- <i>Ellsworth Bearcat Football: Keeping it Simple</i>
Golf	Grady Pauls, Hesston HS -- <i>Course Management & Mental Approach</i>
Spirit (Dance)	Macie Baucum, Saint Charles, MO -- <i>Choreography How-To: Creating a Visual Performance Anytime</i>
Track and Field	Levi Huseman, Olathe North HS -- <i>Organizing and Administering the Entire Track and Field Program</i>
Volleyball	Rick Moyer, Montezuma-South Gray HS -- <i>Unlocking the Full Potential of Your Team</i>
Wrestling	Kerry Regner, NWCA -- <i>Coaching Leadership Academy</i>

Session 5 - 2:00 p.m.

Basketball	Mark Johnson, Fort Hays State University -- <i>Offensive Sets and Quick Hitters out of Secondary and Half Court</i>
CPR/AED	CPR/AED Training
Golf	Dustin Galyon, Friends University -- <i>TBD</i>
Spirit (Dance)	Luise Maldonado, Houston, TX -- <i>Make Your Gameday Standout</i>
Track and Field	Levi Huseman, Olathe North HS -- <i>Distance Training</i>
Volleyball	Kevin Bordewick, Topeka-Washburn Rural HS -- <i>Expectations/Culture/Game-Like Drills</i>
Wrestling	Kerry Regner, NWCA - <i>Coaching Leadership Academy</i>

Session 6 - 3:00 p.m.

Basketball	Trey O'Neil, Hugoton HS -- <i>Coaching the High School Basketball Experience</i>
Spirit (Dance)	Macie Baucum, Saint Charles, MO -- <i>Building a Program: Feeder Teams, Support, and Cultivation</i>
Strength & Conditioning	Jake Sharp, Sharp Performance -- <i>TBD</i>
Track and Field	Zach Johnson, Olathe North HS -- <i>Throwing Techniques</i>
Volleyball	Sarah Johnson, Silver Lake HS -- <i>The Silver Lake Volleyball Program</i>
Wrestling	Kerry Regner, NWCA -- <i>Coaching Leadership Academy</i>

Session 7 - 4:00 p.m.

Spirit Rules Meeting	Megan Hagaman, KSHSAA
Strength & Conditioning	Jake Sharp, Sharp Performance -- <i>TBD</i>
Track and Field	Kelsey Talbott, Garden Plain HS -- <i>Throws Session</i>
Volleyball	<i>TBD</i>
Wrestling	Kerry Regner, NWCA -- <i>Coaching Leadership Academy</i>

TUESDAY, AUGUST 6, 2024

Activity

Presenter -- Topic

Session 8 - 9:00 a.m.

Kansas Coaches Association Session

Session 9 - 10:00 a.m.

Basketball

Kurt Kinnamon, McPherson HS -- *All the Sets/Guarding Offensive Actions*

Football

Nick Anderson, Frankfort HS --

Air Raid for 8-Player Football - A Simple but Effective Passing Game

CPR/AED

CPR/AED Training

Softball

Kristi Bredbenner, Wichita State University -- *TBD*

Volleyball

Doug Schneider, Lindsburg-Smoky Valley HS -- *Something Old/Something New*

Wrestling

Jay Johnston, Basehor-Linwood HS -- *Building a Women's Wrestling Program*

Session 10 - 11:00 a.m.

Basketball

Alex McConaghy, St. Mary's HS -- *Coach to Official Forum*

Football

Derek Tuttle & Aren Coppoc, Andover Central HS -- *Jaguar Offense and Quarterback Play*

Mental Health

Traci Nigg, Wichita Heights HS -- *Coach Beyond Program*

Anne Weese, Kansas State University -- *Coach Beyond Program*

Softball

Kristi Bredbenner, Wichita State University -- *TBD*

Volleyball

Shelly Duvall, Great Bend HS -- *The Coach/Athlete Relationship*

Track and Field

Rod Robinson, Manhattan HS -- *Building a Spring Program Through 400m Training*

Wrestling

Jason Puderbaugh, Basehor-Linwood HS -- *Essential Components to Building Your Program*

***LUNCH - 12:00 p.m. - Open time to purchase lunch from food trucks or downtown businesses**

Session 11 - 1:00 p.m.

Basketball

Matt Tinsley, Topeka Seaman HS --

Alignment & Assignment, Organizational Tips, and Special Situations

Football

Brad Nicks, Abilene HS -- *Receiver Fundamentals: Including Blocking and Route Running*

Volleyball

Kylie Corneliusen, Shawnee-Mill Valley HS -- *Program Organization and Drills*

Softball

Suzanne Unruh, Friends University -- *TBD*

Track and Field

Tommy Tryon, Washington County HS -- *Programming Practice to Peak When It Matters Most*

Wrestling

Andy Kenney, Phillipsburg HS -- *Top Position - Breakdowns to Tilts and Leg Rides*

Session 12 - 2:00 p.m.

Basketball

Bill Biermann, Goodland HS -- *TBD*

Football

TBD

Softball

Suzanne Unruh, Friends University -- *TBD*

Sports Nutrition

Abby Heidari, Kansas Beef Council -- *Nutrition for Athletes*

Volleyball

TBD

Wrestling

Erik Wince, Fort Hays State University -- *Men's Basketball*

Session 13 - 3:00 p.m.

Basketball

Bob Fischer, Science of Shooting -- *Science of Shooting*

Mental Health

Traci Nigg, Wichita-Heights HS -- *Coach Beyond Program*

Anne Weese, Kansas State University -- *Coach Beyond Program*

Track and Field

TBD

Volleyball

TBD

Wrestling

Alijah Jeffery, Fort Hays State University -- *Women's Wrestling*

Session 14 - 4:00 p.m.

Football Rules Meeting

Mark Lentz, KSHSAA

Volleyball Rules Meeting

Sarah Smith, KSHSAA