

Week #3 – September 3, 2024

Welcome back to school and to the 2024-2025 season of Kansas gymnastics! Please read through this information as this is important information coaches and judges need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

Corrections to 2024-2026 Girls Gymnastics Rules Book

- P. 26: Change current 2.405 to 2.502 (1/1 - 1/1) 10.0
- P. 26: Change current 2.502 to 2.503 (1/1 on - 1 ½ off) 10.0
- P. 26: Change current 2.503 to 2.504 (1/2 on – 2/1 off) 10.0
- P. 28: Change current 4.501 (Tsukahara tucked with ½ twist) to 10.0
- P. 31: 6.4.4 Situation, second line—“The judge deducts up to 0.30...”
- P. 33: Event Requirements - Art. 4b “360°” (add degree sign)
- P. 60: 8-3-3 (1) Lack of variety of acro and dance “up to 0.20”
- P. 70 & 71: 2.306d, 2.407d 2.408d are new and should be shaded
- P. 88: 9-3-4a - New 13—Add “Small or medium steps on landing (maximum of 4 steps)....each 0.10-0.15 max. 0.40”
- P. 88: 9-3-4c (3) – Squat on landing (“hips even with or lower than the knees”)
- P. 93: 1.306 – Should read “split lp/jp 180° w 1/1”
- P. 94: 1.312 – should read “ stag ring jp w/ 1/1”
- P. 107: 9.3.7 Situation A – last line “...a chief judge deduction of 0.30”
- P. 107: 1.312 – should read “stag ring jump w/ 1/1 at head height”
- P. 109: 5e Steps – delete the second indented description - “The gymnast lands with feet together, then takes... join the Right foot.”
- P. 115: 27, Floor Exercise a), 3) should read – “A 0.3 deduction...”
- P. 115: 27, Floor Exercise a), 4) should read - “ A 0.8 deduction is taken...(0.3 for...”

REMINDER(S):

Gymnastics Results

All schools hosting a gymnastics event will be required to send the KSHSAA and other attending schools their meet results no later than 24 hours after the meet has concluded. School coaches are responsible for entering results for their athletes using their login and passwords. If you cannot locate that information, please let Kathleen know at kswatson@kshsaa.org.

Looking Ahead:

- Sept 6: First competition date
- Oct 1: Team pics due to kswatson@kshsaa.org
- Oct 2-9: Judges recommendations due to KSHSAA
- Oct 9: Judge's Postseason Applications due to KSHSAA

Useful Websites/Links

KSHSAA Gymnastics Website: [Gymnastics \(kshsaa.org\)](http://kshsaa.org)

KSHSAA Gymnastics Manual: [GymnasticsAnnoucements.pdf \(kshsaa.org\)](http://kshsaa.org)