

Week #4 – September 15, 2025

Please read through this information as this is important information coaches and judges need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

MEET PREPARATION/MANAGEMENT

NFHS Meet Management Information (pgs 43-46): [2024-26 Girls Gymnastics Judges Manual](#)

Meet hosts: Please ensure that you are prepared and ready to host events, particularly ensuring that equipment, flooring, and mats are ready to go. Full meet preparation/management information is available in the Gymnastics Judges Manual linked above.

Equipment

Consideration should be given to arranging equipment in order to run the meet efficiently. For example, the vault runway may have to be roped off to keep coaches and competitors from crossing the area during competition. Vaulting boards and extra matting should be removed from the competitive area of an event after the team has completed competition on that event.

- o Apparatus – All competitive equipment, including matting, must be checked and measured and meet the NFHS rules books specifications (without unauthorized alterations) prior to the start of warm-ups. Although the officials will double check, it is an expectation the school has all in good working order. The availability of proper matting and landing mats should be on site and located with the appropriate apparatus. All competitors must have an opportunity to warm up on the specific equipment they will compete on during competition.
- o Additional Equipment – For large meets additional equipment may be necessary for warm ups. The meet director should be able to make provisions if any equipment failures were to occur. Equipment may have to be tightened or replaced during competition. Tools for such repairs should be available.
- o Gymnastics Chalk – Sufficient chalk should be made available for all events.
- o Awards Stand – The meet director should decide in advance the location of the awards stand.
- o Miscellaneous – Measuring tapes and a minimum of five stop watches are needed to conduct the events. One watch for vaults, bars and floor. Two watches for beam. The stop watches used for timing the beam routines must be capable of resuming timing after being stopped for a fall. An audible device to signal a warning is necessary at bars, and beam. The device must be loud enough to be heard by the gymnast without distracting competitors at other events. Table and chairs for judges and scorers, and chairs for runners and flashers should be provided.

PHOTOGRAPHERS/ATHLETES IN COMPETITION AREA

There have been some concern dealing with two things during a meet:

1. Photographers (especially school photographers) do not know where they can stand. Coaches and Judges please remind these individuals where to stand so they are not in line with gymnast's reference points. We are thrilled that school photographers are at meets to help with publicity for gymnastics, but please ensure they are instructed where/where not to stand.
2. Make sure that gymnasts that are not competing do not distract the judges. Enthusiasm is great to see in these athletes, but the judges still need to judge so please ensure that athletes not competing are not in the line of judging.

REPEAT: KSHSAA Gymnastics Facebook Page

A Facebook group has been created to help communicate with current and former athletes, coaches, judges, school administrators, etc. who may be interested in information regarding the final state gymnastics meet as well as information that may be shared throughout the 2025 season. The group is called "KSHSAA Gymnastics" and you must request permission to join the group. If you scan the QR code below with the camera on your phone or a QR code reader app, it will take you directly to the Group page to request permission to join.



Looking Ahead:

- Take a team pic ASAP!
- Sept 30: Team picture due to kswatson@kshsaa.org
- Oct 1-8: School judge recommendations
- Oct 8: State Judges' Applications due
- Oct 17: State Entry Form due to KSHSAA (kswatson@kshsaa.org)
- Oct 20: State qualifiers (teams and individuals) announced and state meet rotation published

Useful Websites/Links

KSHSAA Gymnastics Website: [Gymnastics \(kshsaa.org\)](https://www.kshsaa.org)

KSHSAA Gymnastics Manual: [GymnasticsAnnoucements.pdf \(kshsaa.org\)](https://www.kshsaa.org/GymnasticsAnnoucements.pdf)