

Week 5 – September 13, 2021

Meet Results

Now that the gymnastics season is in full swing, it is imperative that all coaches enter the results for their team into the KSHSAA online results form. The directions for doing this were shared at the rules meeting on August 28 and here is a link to those directions as well. This is no longer completed at the KSHSAA office, it is the responsibility of the coach. Thank you for your attention to this request.

<https://docs.google.com/presentation/d/10-3xBM5y5dp4E72bykr3kcZWxD2q-pAl5CbHKQUTEi8/edit?usp=sharing>

Interpretation from John

“Up to two manufactured mats (maximum thickness of 8 inches) may be placed separately on the floor exercise area.”

For a couple of decades, coaches have tried to use the two-mat system for floor. The rationale was and still is that many of these competitors learned higher level skills when they were younger in club gymnastics using a spring floor. These competitors, some who still do club in off season, but many now just do high school gymnastics, need the extra matting to protect their ankles. Once this additional matting was implemented by the NFHS, most coaches have gone to this format to encourage the competitors in this event and allow them to thrive using skills they have learned prior to high school.

On Saturday, as both the referee of the meet and State Judge interpreter, I told them they may have the two-matting system. I highly encourage this so the competitors can show off these skills safely.

Sports Medicine and Safety

The SMAC (Sports Medicine Advisory Committee) will work to continuously update the Covid Risk Mitigations and the Return to Play Guidelines throughout the season. Please use these links to access the most current information.

[COVIDInfo21-22.pdf \(kshsaa.org\)](#)

[ReturntoparticipationguidelinesFall2021.pdf \(kshsaa.org\)](#)