

SOCCER ANNOUNCEMENTS

August 20, 2024

IMPORTANT SOCCER DATES

	<u>Boys High School</u>	<u>Girls High School</u>
Beginning Practice Date	Aug. 19	Mar. 3
Earliest Possible Competition	Aug. 30	Mar. 20
Early Season Tournaments	Sept. 9-14	Mar. 31 – Apr. 5
Mid-Season Tournaments	Oct. 14-19	May 5-10
Regional Tournaments	Oct. 28 – Nov. 2	May 19-24
State Quarterfinals	Nov. 4	May 26
State Semifinals	Nov. 6	May 28
State Consol & Champ Finals	Nov. 9	May 31



FIRST FIVE (5) DAYS OF FALL SOCCER PRACTICE

Are you practicing just once per day for no more than three hours? Be sure you know KSHSAA Rule 30-1-9: [HEAT ACCLIMATIZATION RULES and Q&A for FALL ACTIVITIES](#).

FALL SOCCER PLAYERS REQUIRED TO HAVE NINE (9) DAYS OF PRACTICE

KSHSAA Rule 38 states a fall season soccer player must participate in nine days of practice with the team prior to participating in a contest. The primary reason is heat acclimatization and hydration awareness. Coaches are responsible for documenting these practices.

STUDENT SAFETY REMINDERS *THANK YOU FOR YOUR EFFORTS IN MINIMIZING RISK FOR KANSAS STUDENTS!*

- ✓ **Have all coaches including assistants completed the CPR/AED training requirement?**
 - Click [HERE](#) to learn more about this KSHSAA Requirement.
- ✓ **Concussion Recognition and Management**
 - Click [HERE](#) for information regarding concussion recognition and proper management.
 - Know the state law and associated [KSHSAA GUIDELINES](#).
 - Per Executive Board policy, all coaches, student participants and school administrators responsible for event coverage must complete a concussion education program.
 - **ANY** concussion sustained while participating in a KSHSAA sponsored activity (practice or competition) is to be reported to the KSHSAA via the online [CONCUSSION REPORTING PORTAL](#).
- ✓ **Coach/Sponsor Reference Guide**
 - Click [HERE](#) to download a reference guide coaches can use for basic emergency management guidelines. This is an excellent tool for coaches to keep on hand and regularly review.
- ✓ **[KSHSAA HEAT POLICY BASED ON WET BULB GLOBE TEMPERATURE \(WBGT\)](#)**
 - **NFHS Soccer Rule 5-3-2e allows stoppage of play for hydration breaks.**

EMERGENCY ACTION PLAN (EAP) – Recommended Rehearsal Date is August 27.

- An emergency action plan should be in place for every sport, team and venue.
- For assistance in developing an EAP or finding additional resources to improve your EAPs, click [HERE](#).
- The emergency action plan should be rehearsed by EVERYONE involved, at least one time annually.
- **An automated external defibrillator (AED) should be readily available at any practice or competition.**
- **Review the PPE.** Be sure your coaches are aware of any pre-existing conditions in their student-athletes that were indicated on their PPE (e.g., allergies, asthma, diabetes, cardiac abnormalities, sickle cell trait, concussion history, required medications, etc.).

ARE ALL YOUR STUDENT-ATHLETES ELIGIBLE?

Double-check and verify with your athletic director that all your student-athletes are eligible to compete (Physical Examination Parental Consent Rule #7 and Individual Eligibility Rules #12-26 in the KSHSAA Handbook).

KSHSAA RULES REVIEW – Click [HERE](#) to access the KSHSAA Handbook.

KSHSAA RULE 22 – Once a student begins practice with a school team, the student may not play on an outside/club/rec team in the same sport/activity during the school season.

KSHSAA RULE 26-1-4 – A student shall not participate in group training sessions or tryouts held by outside agencies *other than colleges* in a sport while he or she is a member of a school athletic team in that identical sport. ***NEW THIS YEAR: Schools may allow athletes to attend college tryouts/ID camps.***

KSHSAA RULE 30-1-6a – Schools may not hold interschool scrimmages (practices) in athletics. Interschool is defined as middle/junior school with another middle/junior school and senior high school with another senior high school. **This does not eliminate scrimmages between alumni and the school team.** During a scrimmage there can be no score kept and no clock. Use of officials is permitted. Should one or more game elements (score or time) be involved, it would no longer be a scrimmage, but must count toward the number of contests allowed during the season. Intrasquad scrimmages, games among teammates, even with score, time and/or officials used would not be considered a game.

GUIDANCE FOR COACHES & ATHLETES

If you ever have questions about what coaches and athletes can or cannot do during the school year (outside the season of sport or during the season of sport) or during the summer, please click [HERE](#).

UNIFORMS & PLAYER EQUIPMENT (NFHS RULE 4)

The home team wears dark colored jerseys and socks (clear contrast to white), and the visiting team wears solid white jerseys (no colored piping, stripes, etc.) and solid white socks. Read carefully **Rule 4-1** in the NFHS Soccer Rules Book. You may also reference the [NFHS UNIFORM REQUIREMENTS DOCUMENT](#).

SHINGUARDS (NFHS Rule 4-1-5) . . . shall provide adequate and reasonable protection; be professionally manufactured, **age and size appropriate**; not altered to decrease protection; be worn under the socks with the bottom edge no higher than 2 inches above the ankle; NOCSAE mark and height range shall be permanently marked on the front of the shinguard.

NFHS Rule 12-4-4: The head coach shall be responsible for ensuring each player on the team is properly and legally equipped. **The head coach shall receive the first caution issued for an illegally equipped player.**

OFFICIAL SCOREBOOK & BALL HOLDERS REQUIRED AT ALL CONTESTS (NFHS RULE 6)

It is REQUIRED that all schools provide a scorer's table, official soccer scorebook and at least two ball holders at all interscholastic soccer contests. This requirement includes all varsity and non-varsity contests.

SPECTATORS' AREA (NFHS RULE 1-6)

Spectators shall be confined to areas at least 10 feet from the touch line, team/official area and goal line. No one shall be permitted directly behind either goal unless in bleachers.

OFFICIAL & TEAM AREAS (NFHS RULE 1-5)

There shall be marked areas for each team's bench, separated by an official area for entering substitutes, scorer's table and timers. These marked areas shall be at least 10 feet from the touchline. The state association shall be notified if team areas are not marked. The official area shall extend 5 yards on each side of the halfway line. The team areas shall extend from 10 yards on each side of the halfway line for a distance of 20 yards, and each area shall be marked by a solid line. Coaches, bench personnel and team members shall be restricted to the team area.