

# SWIMMING & DIVING ANNOUNCEMENTS – April 29



## 2025 GIRLS STATE CHAMPIONSHIPS

The Girls Swimming & Diving State Championships will take place May 22-24 at the Capitol Federal Natatorium-Hummer Sports Park in Topeka.

Click [HERE](#) to access information including a link to the schedule.

## IMPORTANT DATES

Sunday, May 18	<b>5:00 PM</b> Swimming & Diving State Entries DUE to the KSHSAA
Tuesday, May 20	<b>10:00 AM</b> Swimming & Diving State Pass Gate Info DUE to the KSHSAA
Tuesday, May 20	<b>NOON</b> State Championship Merchandise Presales – Team Orders DUE
Wednesday, May 21	<b>6:00 PM</b> Zoom Meeting with 6A Participating Schools (Head Coaches)
	<b>7:30 PM</b> Zoom Meeting with 5-1A Participating Schools (Head Coaches)

## SUMMER MORATORIUM = JUNE 30 - JULY 6, 2025

There shall be NO school related athletic activities. During this time coaches (licensed teacher coaches and coach aides employed by member schools) shall be prohibited from engaging in any type of activity involving student athletes whether it be practice, training, weightlifting, conditioning, competition or travel. All member school athletic facilities will be closed during this period to school personnel and students grades 7-12. If member school athletic facilities also serve as non-school community recreation facilities, these facilities may remain open during the moratorium so long as no school teams are playing, and no school coaches are coaching the teams/individuals. During this one-week dead period, students may attend camps or competitions but may not do so with their school coaches. Click [HERE](#) for more info and interpretations.



## GUIDANCE FOR COACHES & ATHLETES

If you ever have questions about what coaches and athletes can or cannot do during the school year (outside the season of sport or during the season of sport) or during the summer, please click [HERE](#).

**NFHS Rule 3-3-6:** Divers may wear tape or wraps for support and may also use temporarily applied adhesives. Swimmers may use tape to treat a documented medical condition, BUT their coach must provide the referee with signed documentation from an appropriate health-care professional (may be an athletic trainer) before permitting a swimmer to compete.

**KSHSAA Rule #30 (Section 2, Article 2):** A student who is enrolled at the start of a season of sport, must be a member of the squad for the majority of the scheduled varsity contests, in order to be eligible for postseason competition. Majority means over half. Thus, for schools with a 10-meet schedule, a team member must participate in at least 6 of the 10 meets to be eligible to compete in the state meet.

**KSHSAA Rule #40 (Section 2, Article 4):** No student representing a member school shall participate in more than 10 meets during a season, exclusive of the state meet.

## **VIOLATION – COMPETING IN NON-APPROVED ODP MEETS – KSHSAA RULE #22**

A member of a high school swimming & diving team may **NOT** compete in an outside USA/Club Meet that is **NOT** on the ODP Approved List during their high school season. If an athlete violates this KSHSAA rule, he/she is ineligible for the remainder of season (no more practice or competition with a high school team) unless he/she is reinstated by the KSHSAA Executive Board. Also, please remember any swimmer/diver wanting to compete in a USA/Club Meet on the ODP/USA Approved List during the regular season must first receive permission from the school. Then, the school must submit a request for approval to the KSHSAA and receive approval from KSHSAA prior to the event. For a complete list of the 2024-25 ODP/USA approved meets click [HERE](#). These meets will count towards the limit of 10 meets for a season.

## **KSHSAA SWIMMING & DIVING MANUAL AND HY-TEK TEAM MANAGER INFO**

An online copy of the manual may be accessed on the public KSHSAA Swimming & Diving Homepage. When setting up your school in the Hy-Tek Team Manager™ Software, please use the **ASSIGNED KSHSAA TEAM ABBREVIATION** as listed on pages 30-31 in the manual. Also, input in TM athletes' grade levels (SR, JR, SO, FR).

## **REGULAR SEASON MEET OFFICIALS**

Host schools of regular season meets are strongly encouraged to utilize USA Swimming & Diving Certified Officials and have a minimum of two officials on deck during swimming competitions. Utilizing officials who are knowledgeable of current rules and practices ensures a safe competition environment and prepares participants consistently across the state for how the KSHSAA State Swimming & Diving Championships will be officiated.

Click [HERE](#) to access the 2024-25 NFHS Swimming Officials' Guidelines Manual.

Click [HERE](#) to access the 2024-25 Diving Officials' Manual. Very helpful information for diving judges can be found on pages 13-22 of the manual.

## **2025 DIVING WEEKS – GIRLS** (Reference NFHS Rule 9-4-6)

Week 7 (April 28-May 3) = Back Group

Week 9 (May 12-17) = Twisting Group

Week 8 (May 5-10) = Inward Group

Week 10 (May 19-24) = Reverse Group

## **DIVING QUALIFICATION DOCUMENTATION**

Schools will be required to submit a copy of a state qualifying dive sheet with the referee's signature for state meet diving entries, so coaches, be sure to keep those qualifying diving sheets throughout the season. May submit to [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org) anytime during the regular season.

## **DIVING EDUCATION RESOURCES**

### **NFHS One Meter Diving Table with Video Links & Scoring Examples**

<https://www.nfhs.org/media/1020355/nfhs-one-meter-diving-table-with-video-clips.pdf>

### **Diving Judge & Diving Referee Calls (one page document)**

<https://www.nfhs.org/media/7212416/nfhs-diving-referee-and-diving-judge-calls.pdf>

### **Diving Silhouettes**

<https://www.nfhs.org/media/1018474/2023-24-diving-silhouettesnew.pdf>

### **FREE Courses on NFHS Learn: Coaching Diving and Judging Springboard Diving**

<https://nfhslearn.com/courses/coaching-diving>

<https://nfhslearn.com/courses/judging-springboard-diving-introduction>