

# 2024 SWIMMING & DIVING ANNOUNCEMENTS – March 28



## 2024 IMPORTANT DATES

GIRLS STATE CHAMPIONSHIPS May 16-18

KSHSAA Summer Moratorium July 1-7

## KSHSAA COVERED

Check out recent articles previewing the girls swimming and diving regular season and athletes to watch.

## REGULAR SEASON MEET RESULTS & TOP TWENTY-FIVE LINKS

There is a link on the KSHSAA Swim & Dive Website for this season's meet results from around the state. **Please submit final meet results throughout the season by emailing PDF copies to [rgarman@kshsaa.org](mailto:rgarman@kshsaa.org).**

From the Regular Season Meet Results submitted to the KSHSAA, "Top Twenty-Five" Performance Lists are compiled for each event in class 6A and 5-1A. These lists are updated periodically throughout the season, so be sure to send in all regular season meet results. A link to the "Top Twenty-Five" lists is also on the KSHSAA site.

## SPORTSMANSHIP

#StartsWithMe



Always be positive and professional. The KSHSAA prioritizes sportsmanship! It is imperative that coaches and officials willingly accept the responsibility of being positive role models. The ethics, integrity, and sportsmanship exhibited by adults have a profound effect on the young people who participate. **#STARTSWITHME**

## 2023-24 NFHS SWIMMING & DIVING POINT OF EMPHASIS

### Participant and Spectator Unsporting Conduct

The 2023 NFHS Swimming and Diving Questionnaire revealed a dramatic increase of profanity on the deck. Coaches and competitors are reminded of rule provisions prohibiting this kind of behavior. Under Rule 3-6-1, unsporting conduct includes, but is not limited to, making insulting or derogatory remarks, gestures or acts including taunting, trying to influence, showing disgust, or interfering with an official. The meet referee always retains the authority under Rule 3-6-1 to disqualify a competitor for any act the referee deems as unsporting conduct. Per Rule 3-6-2, unacceptable conduct includes, but is not limited to, the use of profanity whether or not it is directed at another person, or any action which could discredit the individual or the individual's high school. Team personnel shall be disqualified from that event or the next event in which the competitor is entered, whichever is appropriate.

## KSHSAA GUIDELINES FOR LIGHTNING SAFETY

First and foremost, schools should know and follow their pool facility's lightning procedures. Secondly, be familiar with the KSHSAA Guidelines for Lightning Safety, and follow these recommended protocols if there are no site-specific ones available.

**KSHSAA RULE 40-2-4:** "No student representing a member school shall participate in more than 10 meets during a season exclusive of the state meet."

**KSHSAA RULE 30-2-2:** "A student who is enrolled at the start of a season of sport must be a member of the squad for the majority of the scheduled varsity contests in order to be eligible for postseason competition."

Majority means over half. Thus, for schools with a 10-meet schedule, a team member must participate in at least 6 of the 10 meets to be eligible to compete in the state meet.

## **2024 DIVING WEEKS – GIRLS** (Reference NFHS Rule 9-4-6)

Week 3 (March 25-30) = Inward Group

Week 7 (April 22-27) = Back Group

Week 4 (April 1-6) = Twisting Group

Week 8 (April 29 – May 4) = Inward Group

Week 5 (April 8-13) = Reverse Group

Week 9 (May 6-11) = Twisting Group

Week 6 (April 15-20) = Forward Group

Week 10 (May 13-18) = Reverse Group

## **GIRLS DIVING STATE QUALIFYING STANDARDS**

**6-Dive Meet:** 10.2 DD on 5 Optional AND 180 Score - at the same meet

**NEW:** *Must include all 5 dive categories: forward, back, inward, twisting, and reverse in a 6-dive meet.*

**11-Dive Meet:** 12.2 DD on 6 Optional AND 275 Score - at the same meet

**THE STATE MEET IS AN 11-DIVE MEET.** Divers must complete the minimum 11-dive degree of difficulty requirement.

## **DIVING QUALIFICATION DOCUMENTATION**

Schools will be required to submit a copy of a state qualifying dive sheet with the meet referee's signature for state meet diving entries, so coaches, be sure to keep those qualifying diving sheets throughout the season.

## **REGULAR SEASON MEET OFFICIALS**

Host schools of regular season meets are strongly encouraged to utilize USA Swimming & Diving Certified Officials and have a minimum of two officials on deck during swimming competitions. Utilizing officials who are knowledgeable of current rules and practices ensures a safe competition environment and prepares participants consistently across the state for how the KSHSAA State Swimming & Diving Championships will be officiated.

## **SCHOOLS WITH COOPERATIVE AGREEMENTS**

The KSHSAA policy requires that cooperative agreement teams in quasi-team/individual sports (including swimming & diving) compete separately at postseason (state) competition. Leagues have the option of requiring cooperative teams to separate for league championship events. RELAY EVENT state qualifications must be achieved during the regular season by individual schools. In other words, if 3 students from School A and 1 student from School B swim together and earn a state qualifying time in a relay event, it cannot be used as an entry qualifying time for either school. For more information regarding cooperative agreements, review carefully the Form K signed and agreed to by each school in a quasi-team cooperative agreement.

## **OLYMPIC DEVELOPMENT PROGRAM (ODP) – KSHSAA RULE #4**

Member schools may apply per KSHSAA Rule #4 – ODP for their athletes to compete in sanctioned USA Swimming & Diving Meets. For a complete list of the 2023-24 approved meets click [HERE](#). KSHSAA Member Schools must apply by writing a letter on school letterhead, 30 days prior to the event, requesting approval for their athletes to compete in the USA Swimming & Diving Meet. The letter must be signed by: Principal, Athletic Director, Scholastic Swim Coach, & Athlete. These meets will count towards the limit of 10 meets for a season.

## **VIOLATION – COMPETING IN NON-APPROVED ODP/USA MEETS – KSHSAA RULE #22**

**A member of a high school swimming & diving team may NOT compete in an outside USA/Club Meet that is NOT on the ODP Approved List during their high school season.** If an athlete violates this KSHSAA rule, he/she is ineligible for the remainder of season (no more practice or competition with a high school team) unless he/she is reinstated by the KSHSAA Executive Board. Also, please remember **any swimmer/diver wanting to compete in a USA/Club Meet on the ODP/USA Approved List during the regular season must first receive permission from the school. Then, the school must submit a request for approval to the KSHSAA and receive approval from KSHSAA prior to the event.**