



## **Girls Standards-2022**

### **5-1A Schools**

| <u>Event</u>        | <u>5-1A Qualifying</u> | <u>5-1A Qualifying</u> | <u>5-1A Consideration</u> | <u>5-1A Consideration</u> |
|---------------------|------------------------|------------------------|---------------------------|---------------------------|
|                     | <u>Yards</u>           | <u>Meters</u>          | <u>Yards</u>              | <u>Meters</u>             |
| 200 medley relay    | 2:07.99                | 2:22.84                | 2:14.39                   | 2:29.98                   |
| 200 freestyle       | 2:12.25                | 2:26.53                | 2:18.86                   | 2:33.86                   |
| 200 IM              | 2:31.44                | 2:48.10                | 2:39.02                   | 2:56.51                   |
| 50 freestyle        | 26.84                  | 29.93                  | 28.18                     | 31.43                     |
| 100 butterfly       | 1:07.95                | 1:15.49                | 1:11.35                   | 1:19.27                   |
| 100 freestyle       | 59.40                  | 1:06.05                | 1:02.37                   | 1:09.36                   |
| 500 freestyle       | 5:58.52                | 5:14.49 (400 meters)   | 6:16.45                   | 5:30.22 (400 meters)      |
| 200 freestyle relay | 1:52.97                | 2:06.19                | 1:58.62                   | 2:12.47                   |
| 100 backstroke      | 1:07.94                | 1:15.49                | 1:11.34                   | 1:19.26                   |
| 100 breaststroke    | 1:18.14                | 1:26.89                | 1:22.04                   | 1:31.23                   |
| 400 freestyle relay | 4:10.83                | 4:39.43                | 4:23.37                   | 4:53.40                   |

#### Diving:

6-Dive Meet            10.2 DD on 5 Optional AND 180 Score - at the same meet

11-Dive Meet            12.2 DD on 6 Optional AND 275 Score - at the same meet

The State Meet is an 11-dive meet. Divers must complete the minimum 11-dive degree of difficulty requirement.