

Week #7 – September 23, 2024

Please read through this information as this is important information coaches need to be aware of this season. Newsletters will be sent weekly throughout the season. If you are aware of an unusual situation(s) or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

ELECTRONIC COMMUNICATION DEVICES

-See page 19 in the KSHSAA Tennis Manual

Electronic communication devices are prohibited in the vicinity of the playing area during competition. Athletes may not wear smartwatches or cell phones, along with other electronic communication devices, while playing or between points, changing ends, etc.

REST PERIOD BETWEEN MATCHES AND MEDICAL/INJURY TIMEOUTS

-See page 26 in the KSHSAA Tennis Manual

BETWEEN MATCHES: Weather conditions (heat, humidity) and length of a previous match will be taken into consideration when determining the rest period between matches. Typically, matches lasting over one hour results in at least a 45 minute rest period.

MEDICAL/INJURY TIMEOUT: If needed a player/doubles pair will be allowed one 10-minute timeout for injury or a treatable medical condition. During a 10-minute injury timeout, one (1) coach may join a player(s) on the court. The 10 minutes begin when the adult responsible for providing aid reaches the athlete. Athletes are allotted ONE medical/injury timeout per match.

BLEEDING TIMEOUT: A maximum of 15 minutes is allowed to stop visible bleeding, clean up the court, and dispose of contaminated items. The bleeding timeout begins when the player notifies the official/tournament manager or acknowledges there is visible bleeding. No coaching is allowed during a bleeding timeout.

KSHSAA HEAT POLICY

KSHSAA Recommended Activity Modification Policy: [HeatPolicy-Current.pdf \(kshsaa.org\)](#)

With high outdoor temperatures, please ensure that you are aware of the KSHSAA Recommended Activity Modification Policy based on a Wet Bulb Globe Temperature (WBGT). Ensure that plenty of water is available for athletes and that coaches are aware of activity modifications based on the WBGT Level/Zone.

REMINDER(S):

REGIONAL ASSIGNMENTS

Regional assignments have been posted to the KSHSAA Tennis website. Good luck to all teams and athletes throughout the duration of the season!

KSHSAA Girls' Tennis Regionals: [KSHSAA Girls Tennis Tournaments](#)

This information is available by going to kshsaa.org, selecting 'Tennis' from Athletic, and clicking on 'Regional Assignments' under GIRLS STATE.

Looking Ahead:

Regionals Sites/Dates: [KSHSAA Girls Tennis Tournaments](#)

*Reminder: Coaches should hand deliver the Girls Regional Entry Form to the Regional Tournament manager prior to seeding. This form is available by logging in at kshsaa.org and going to the October Entry Forms.

October 18-19: State Tennis

Girls' State Tennis (October 18-19, 2024)

Class 6A: Prairie Village-Harmon Park Tennis Complex (Host - Shawnee Mission East HS)

Class 5A: Andover District Tennis Complex (Host - Andover Central HS)

Class 4A: Topeka-Kosover Tennis Center (Host - Topeka-Hayden HS)

Class 3-1A: Wichita-Riverside Tennis Complex (Host – Wichita-Collegiate HS)

Useful Websites/Links

KSHSAA Tennis Website: [KSHSAA Tennis](#)

KSHSAA Tennis Manual: [Tennis.pdf \(kshsaa.org\)](#)

USTA: [USTA](#)

USTA Newsletter Registration: t.email.usta.com/lp/ustaCTAP