## To: High School Head T&F Coaches

From: Kyle Doperalski, Assistant Executive Director

A few things for you as we head into the week of league meets for many around the state:

- Regional entries are now open. Coaches have a week to enter their athletes into the regional meet. Regional entries close at noon central time next Monday, May 19.
  - Please print your entries on paper and keep them as verification if a question arises later as to whether or not there was a certain entry.
  - 1A-3A coaches will see the link on their regional page for their third entry if all three meet the <u>qualifying standards</u>.
    - Coaches will get an automated email reply to confirm MileSplit has received your entry. There is no need to call or email our office to see if we received your submission.
- Regionals
  - Vertical Jumps will start at an even height with two-inch increments in the HJ and six inch increments in the PV. PV will start at the half foot or even foot. I have driven this home with regional managers. Remember the <u>tie breaking procedure</u> in these events to determine who goes to state. There is a page break in the document, so please scroll down to see the complete information.
  - Executive board policy states that there must be three relay teams in each section. This comes into play in 4A-6A on eight lane tracks. If all nine schools have a 4 x 100m relay and/or 4 x 400m relay, that means there will be two sections, one with three teams and one with six. See the middle of page 23 of the <u>manual</u>. This hasn't changed for many years and has been the case for a long time. Sometimes it is missed.
- State
  - Team packet pick up will be on the northeast side of the facility again this year. We will be shutting down at 5p on Thursday. If you want to pick up your packet on Thursday, you need to be there by 4:55p.
  - Mark your calendars for 7p on Wednesday, May 28 for a zoom with WSU athletic administration, KSHSAA staff and USD 259 AD Chris Asmussen to get a facility update and a chance to ask any questions about state T&F, the facility, etc. The zoom link will come in the days ahead.
  - Team camps will be able to set up in the space between the new bleachers on the east side and the outside of lane eight where horizontal jumps and pole vault will go in the future. There will be a barrier on the outside of the track on the east side to prevent athletes, coaches and managers from simply crossing the track at any point. A lot of the same space teams used for camps that last year, including outside the facility on the east side, will be available this year. There were several tents on the northeast corner of the facility up on the grass. Some of that area is now a dirt road where construction equipment accesses the track level. The dirt road will be available for team camps. Team camps may set up to the north and south of the new restroom/concession building on the east side. There will be no team camps allowed on the hill on the southwest corner of the facility near the shot put or on the east bleachers. We encourage teams to bring mats for their

team camp area as they always have, even with the old structure on the east side still existed.

- This is the <u>link</u> for forming the line for team camp entry into the stadium. Instructions were in the announcement last week. The link opens at 8:00a.m. central time on Wednesday.
- Head coaches, you need to get with your AD in the next couple days to ensure your assistant coaches have met the requirements and have been listed as an assistant coach on the KSHSAA directory. This is the only way your assistant coaches will receive complimentary admission into the state meet. We will print the list late this week. If they show up to the state meet and aren't on the list, they will not get a wristband to be admitted free. Wristbands will not be replaced.
- For those coaches who need to make substitutions on their relays after regionals, the window has been extended two hours to start at 7 a.m. central time on Saturday, March 24. The window closes at noon central time and no further substitutions will be accepted after that. Do this directly on MileSplit as you normally would. There is no need to contact our office to make this change.

Thank you and best of luck at league this week!