

## Week #2 – August 19, 2024

*Please read through this information as this is important information coaches and officials need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email [ssmith@kshsaa.org](mailto:ssmith@kshsaa.org). Thank you for all you do for Kansas athletes!*

**\*OFFICIALS:** Future VB Newsletters will be sent using the ArbiterSports communication systems. Starting next week (August 26, 2024) you will receive the newsletter from [messaging@arbitersports.com](mailto:messaging@arbitersports.com). Please ensure this email is in your safe senders list so it doesn't get blocked or sent to spam.

### **FIRST DAY OF PRACTICE!**

The first official day of practice is always an exciting one! All athletes MUST have a PPE (Physical) and Concussion Form on file before they participate in practice. Please ensure these documents are signed and submitted. It is good practice to have a meeting with athletes and parents to ensure they understand team rules and policies – this can avoid conflict and confusion during the season.

### **EMERGENCY ACTION PLANNING (EAP) – August 28, 2024**

The Emergency Action Plan (EAP) Rehearsal Day for volleyball is set for August 28, 2024. This is the opportunity for your school's administration, coaching staff, athletes, local EMT, etc., to practice the school's established EAP procedures at all facilities used for practices and games. It is imperative that all parties know where an AED is located and that one is close.

If your school needs an EAP, don't delay! A template is available on the KSHSAA website: [KSHSAA Student Health and Safety](#)

### **SUBSTITUTION QUESTIONS/RULES/INTERPRETATIONS**

Due to the new rule change regarding torn/bloody uniforms, many questions have been raised regarding legal substitutions. Below are rules/rule interpretations that you may find helpful.

NFHS Rule 10-4-3: Libero re-designation and disqualifications:

- a. Injury substitution – If the libero is injured and cannot continue play, the libero shall first be replaced by the player whom the libero replaced. A new libero may then be redesignated using the following criteria:
  1. Redesignation does not need to occur immediately after the injury and replacement, but may occur at the discretion of the coach(es);
  2. Any substitute may be designated as the libero for the injured libero. The injured libero may not play in the remainder of that set;
  3. The player redesignated as the libero shall wear a libero uniform and shall remain the libero for the remainder of the set. The redesignated libero's uniform shall have a unique number (not worn by any teammate).  
*\*COMMENT: In the NFHS Case Book 10-4-3 Situation C references this type of situation. \*If there is a re-designation of a libero and the only jersey available is the one worn by the injured libero, there is no penalty. **COACHES – BRING EXTRA TEAM UNIFORMS AND LIBERO UNIFORMS TO COMPETITIONS!***
- b. Exceptional substitution – The libero may be used as an exceptional substitution for another injured player if not other possible substitute exists. When no longer playing as a libero, that player shall wear the same uniform as the teammates and the team continues play with no libero.

#### Rule Interpretation 4-2-3 Situation:

Player No 4 of Team A dives for a ball which causes a huge tear in the uniform. Team A's Coach: (A) calls a time-out and directs #4 to quickly go to the locker room and change into a replacement uniform (#8) not currently assigned to a player on the roster, (B) substitutes player #6 for player #4 and directs #4 to go to locker room and replace the damaged uniform by exchanging with substitute #10. The substitute (formerly wearing #10) returns to the bench in a t-shirt.

RULING: Both A and B are legal.

COMMENT: In A and B, the roster will be changed with no penalty assessed for the damaged uniform. In (B), the player wearing the t shirt is not eligible to play unless they change into a legal uniform top and is assessed a penalty (loss of rally/point awarded to the opponent) for a correction to the roster. It is suggested that teams carry an extra uniform so players do not have to share in circumstances there is a damaged uniform (7-1-1 PENALTIES, 7-1-1 NOTE).

#### **ROSTERED PLAYERS STANDING AT THE ENDLINE TO START A MATCH**

Due to the new rule change, all ROSTERED athletes may stand at the endline prior to the start of the match. **THE STARTING SIX (6) ATHLETES are the only athletes allowed to greet the visiting team and step on the court.** Non-starters should make their way to their sideline/bench area after the starting six athletes are beckoned on the court.

#### ***REMINDER(S):***

##### **Rules Meetings**

All head and assistant middle and high school coaches must complete the online rules meeting and volleyball exam prior to August 29, 2024. Officials' exams and rules meeting attendance are due September 25, 2024. Coaches and officials may attend the in-person meetings offered ([in-person VB meeting schedule](#)) OR the online meeting.

Coaches: The online meeting is located on the KSHSAA site (go to "Exams & Online Meetings")

Officials: The online meeting is located on the Central Hub in Arbiter Sports (labelled as Online Clinic)

#### **Looking Ahead:**

-Take a team pic ASAP!

-Jamborees may take place prior to the first scheduled competition date. Jamborees must consist of 3 or 4 teams for a varsity jamboree and for a sub varsity jamboree. Jamborees may NOT take place with only two (2) teams.

-August 28: Emergency Action Plan (EAP) Rehearsal Day – IMPORTANT! Communicate with school admin/AD to practice.

-August 30: First day of volleyball competition

#### **Useful Websites/Links**

KSHSAA Volleyball Website: [Volleyball \(kshsaa.org\)](http://Volleyball(kshsaa.org))

KSHSAA Volleyball Manual: [Volleyball.pdf \(kshsaa.org\)](http://Volleyball.pdf(kshsaa.org))

NFHS Volleyball Website: [Volleyball \(nfhs.org\)](http://Volleyball(nfhs.org))

NFHS Learn: [NFHS Learn | Interscholastic Education, Made Easy](http://NFHS Learn | Interscholastic Education, Made Easy)

KSHSAA Officials Apparel Info: [OfficialApparel.pdf \(kshsaa.org\)](http://OfficialApparel.pdf(kshsaa.org))