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Source:

**USA Wrestling High School Development Committee
Co-Chairs Joan Fulp and Andrea Yamamoto**

Creating Opportunities

2018-19 State Data

Joan Fulp & Andrea Yamamoto
USA Wrestling Girls High School Development Committee



Mission Statement

The USA Wrestling Girls HS Development Committee is committed to supporting the athletes, coaches and state athletic associations in the process of growing girls wrestling.

NFHS* Participation Data

For Girls High School Wrestling

<i>Year</i>	<i>Athletes</i>	<i># Increase</i>	<i>% Growth</i>
2013	8,727	492	+6.0%
2014	9,904	1,177	+13.5%
2015	11,496	1,592	+16.1%
2016	13,496	2,000	+17.4%
2017	14,587	1,091	+8.1%
2018	16,562	1,975	+13.5%
2019	21,124	4,562	+27.5%

*Eight states reported 0 numbers of girls to the NFHS for 2019:

Alabama, Mississippi, North Carolina, Ohio, Pennsylvania, South Carolina, West Virginia, Wisconsin

USA Wrestling Participation Data

For All Age Groups

<i>Year</i>	<i>Athletes</i>	<i># Increase</i>	<i>% Growth</i>
2013	5,640	916	+19.4%
2014	8,040	2,400	+42.6%
2015	9,765	1,725	+21.5%
2016	11,582	1,817	+18.6%
2017	13,338	1,756	+15.16%
2018	16,112	2,774	+20.8%
2019	18,901	2,789	+17.3%

We are on the forefront of a ***dramatic increase in opportunities*** for girls wrestling.

- 71 colleges now offer girls wrestling
- The NAIA held the first National Women's Invitational Wrestling Championship March 2019

States Holding Girls Championships

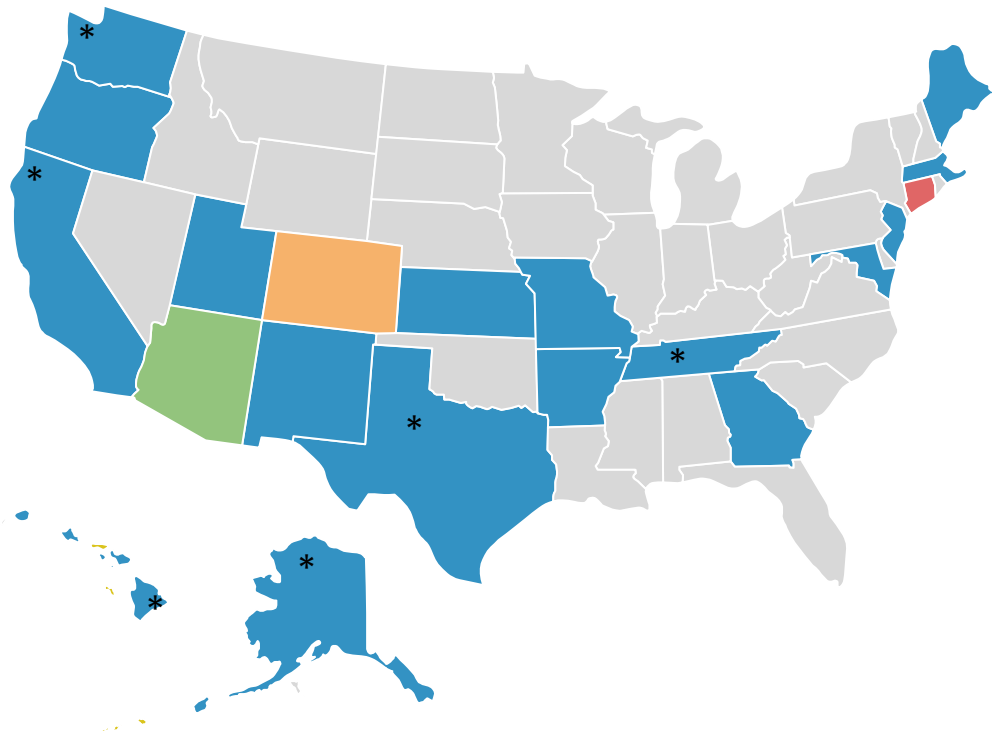
Georgia, Oregon, Missouri, Maine
Massachusetts, and New Jersey held an official girls state championship for 2018-19.
Kansas, Maryland, Arkansas & New Mexico approved for 2019-20. Utah approved for 2020-21.

Colorado (two year pilot program)
voted to approve an official
state championship for 2020-21

Arizona voted emerging sport status with a
state championship starting in 2018-19

Connecticut will hold a Girls Wrestling
Invitational for 2019-20

*Original 6 Sanctioned states - 1998-2015



2018-19 Girls High School Participation Data

Governing Body	State	2019
California Interscholastic Federation	CA	5926
Texas University Interscholastic League	TX	3291
Washington Interscholastic Activities Association	WA	1994
Missouri State High School Activities Association	MO	910
Florida High School Activities Association	FL	668
Oregon School Activities Association	OR	639
Illinois High School Association	IL	621
New York State Public High School Athletic Assoc	NY	584
Hawaii High School Athletic Association	HI	553
Arizona Interscholastic Association	AZ	543
Georgia High School Association	GA	516
New Jersey State Interscholastic Athletic Association	NJ	445
Kansas State High School Activities Association	KS	376
Michigan High School Athletic Association	MI	367
Tennessee Secondary School Athletic Association	TN	359
Alaska School Activities Association	AK	337
Virginia High School League	VA	319
Wisconsin Interscholastic Athletic Association	WI	288
Indiana High School Athletic Association	IN	257
Colorado High School Activities Association	CO	253
North Carolina High School Athletic Association	NC	232
Ohio High School Athletic Association	OH	224
Pennsylvania Interscholastic Athletic Association	PA	202

These totals were derived from the National Wrestling Coaches Association's state weight hydration numbers or from interscholastic state offices for 2018-19 HS season.

Red - 19 States Holding or will hold a Girls State Championship or Invitational

Total Girls Wrestling in High School for the 2018-19 season = 22,096

Governing Body	State	2019
Iowa High School Athletic Association	IA	189
Maryland Public Secondary Schools Athletic Assoc	MD	189
Kentucky High School Athletic Association	KY	166
New Mexico Activities Association	NM	165
Utah High School Activities Association	UT	150
Nevada Interscholastic Activities Association	NV	146
Idaho High School Activities Association	ID	132
Connecticut Interscholastic Athletic Conference	CT	131
Nebraska State Activities Association	NE	112
Minnesota State High School League	MN	96
Oklahoma Secondary School Activities Association	OK	87
Massachusetts Interscholastic Activities Association	MA	80
South Carolina High School League	SC	69
Maine Principals' Association	ME	66
Montana High School Association	MT	65
Arkansas Activities Association	AR	58
W. Virginia Secondary School Activities Commission	WV	47
Louisiana High School Athletic Association	LA	38
North Dakota High School Activities Association	ND	37
Alabama High School Athletic Association	AL	35
South Dakota High School Activities Association	SD	30
Rhode Island Interscholastic League	RI	28
Wyoming High School Activities Association	WY	27
New Hampshire Interscholastic Athletic Association	NH	26
Delaware Interscholastic Athletic Association	DE	19
Vermont Principals' Association	VT	4

USA Wrestling Girls High School Development Committee

Joan Fulp & Andrea Yamamoto Co-Chairs 7/2019

Growth is Real!

Girls Wrestling is Coming to Your State

Weight Hydration:

- ***2017-18 Data from NWCA/State Office/NFHS**
- ***2018-19 Data from State Office/NWCA OPC numbers**

(National Wrestling Coaches Association/Optimal Performance Calculator)

<i>State</i>	<i>*2018-19</i>	<i>*2017-18</i>	<i>Increase</i>	<i>2018 Source</i>
Missouri	910	169	741	NWCA/OPC Data
Oregon	639	506	133	NWCA/OPC Data
Illinois	621	400's approx	221	State Office
Arizona	543	286	257	NWCA/OPC Data
Georgia	516	238	278	NWCA/OPC Data
New Jersey	445	124	321	NWCA/OPC Data
Kansas	376	215	161	State Office
Iowa	189	96	93	NWCA/OPC Data
Kentucky	166	52	114	NWCA/OPC Data
New Mexico	165	115	50	NWCA/OPC Data
Utah	150	101	49	NWCA/OPC Data

Examples of Growth as Programs Develop

Hydration #

2017 112

2018 234

2019 376

KANSAS*

Girls High School Events

2017 4

2018 9

2019 15

Kansas Unofficial Girls State Tournament

2017 36 schools 56 girls competing

2018 57 schools 145 girls competing

2019 80 Schools 220 girls competing

*Kansas voted in April 2019 to hold their first official KSHSAA girls state in 2020.

2018-19 Girls State Championship Weights

STATES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Maine (66)	106	113	120	132	145	160	182	220							
Massachusetts (80)	105	113	120	125	135	145	152	170	205						
Alaska (347)	103	112	119	125	130	135	145	160	189	235					
Texas (3291)	95	102	110	119	128	138	148	165	185	215	Texas holds two divisions				
Arizona (543)	101	110	118	125	130	135	145	160	185	225					
Colorado (253)	100	105	111	118	127	136	147	161	185	215					
New Jersey (445)	100	105	111	118	127	136	147	161	185	225					
Georgia (516)	95	106	116	126	136	146	156	166	176	225					
Tennessee (359)	103	112	119	125	132	140	150	160	170	190	215				
Missouri (910)	103	110	116	121	126	131	136	143	152	167	187	235			
Oregon (639)	100	105	110	115	120	125	130	135	140	145	155	170	190	235	
California (5,926)	101	106	111	116	121	126	131	137	143	150	160	170	189	235	
Washington (1994)	100	105	110	115	120	125	130	135	140	145	155	170	190	235	
Hawaii. (553)	97	102	107	112	117	122	127	132	138	145	155	168	184	225	
USAW Junior	100	106	112	117	122	127	132	138	144	152	164	180	200	225	
WCWA/NAIA College	101	109	116	123	130	136	143	155	170	191	Women's Collegiate Wrestling Association				

The number in parenthesis is the OPC/Weight Hydration Number for 2018-19 season or the participation number reported by a state's interscholastic office.

**“ The true measure of a girls’ success or failure should not be judged by whether or not she can beat a guy.
She needs to establish Her sense of value by competing against other girls”**

Lee Allen 1/12/2000
1980 USA Greco Roman Olympic Coach
2X Olympian (Freestyle & Greco Roman)

Thank You

Your leadership has and will make the difference.

We celebrate your willingness to create new possibilities for girls high school wrestling.

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World Team Member, 1995
Chiawana HS Girls Coach (WA) 2013-18
USAW Cadet Pan Am Coach 2017