

Week #7 – September 30, 2024

Please read through this information as this is important information coaches and judges need to be aware of this season. These newsletters will be sent weekly throughout the season. If you are aware of an unusual situation or rules/protocols that should be addressed, please email ssmith@kshsaa.org. Thank you for all you do for Kansas athletes!

MEET ENTRIES

Coaches may enter entries based on the host school's discretion during the regular season. The THREE top scores of entries for each event will count towards the team score.

Athletes may float between varsity and JV competition at the same meet (a gymnast may compete in varsity beam and JV bars). However, only the varsity score counts toward the varsity team score and postseason qualification. If an athlete competes in the varsity and JV divisions at the same meet, they do not qualify to compete in all-around.

JUDGES RECOMMENDATIONS

The first day to submit judges' recommendations for state is this Wednesday, October 2, 2024. Please complete Gymnastics Judges Recommendations by Wednesday, October 9, 2024, to recommend judges for the state gymnastics meet.

STATE QUALIFYING DETAILS

The top eight (8) teams will qualify for the state meet, based on the average of their top three (3) meet scores. Results of non-invitational, as well as invitational meets, will be considered. The top five (5) gymnasts in each individual event who do not qualify as a member of a team will advance to the state competition. These individuals will be determined by averaging their top three (3) scores from the season. In the event a gymnast has less than three scores in the event, the missing scores are entered as zeros. Individuals qualifying for the state meet must have a minimum average of 7.0.

REMINDER(S):

TWISTING ON VAULT

When a $\frac{1}{2}$ $\frac{1}{2}$ vault is called, the judge needs to see the body turn halfway, not just a quarter of the way with maybe the legs making it close to a half.

Judges, when judging vault and you see a $\frac{1}{4}$ $\frac{1}{4}$ vault, call it and let the coaches know that is what you are seeing. The start value is different between the two.

It is known that when a $\frac{1}{2}$ $\frac{1}{2}$ is called and the gymnast does a $\frac{1}{4}$ $\frac{1}{4}$, the start value is the same. Judges just change the vault and let the coach know what you saw.

Looking Ahead:

- Oct 1: Team pics due to kswatson@kshsaa.org
- Oct 2-9: Judges recommendations due to KSHSAA
- Oct 9: Judge's Postseason Applications due to KSHSAA
- Oct 18: State Entry Form due to KSHSAA

Useful Websites/Links

KSHSAA Gymnastics Website: [Gymnastics \(kshsaa.org\)](http://kshsaa.org)

KSHSAA Gymnastics Manual: [GymnasticsAnnoucements.pdf \(kshsaa.org\)](http://kshsaa.org)